



Train4Coordinators

**Online training for youth volunteering coordinators
on the validation of competencies,
skills and qualifications**

R1: Volunteering Benchmark

Activity: Youth Volunteering Good Examples

2021-1-ES02-KA220-YOU-000028638





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PROJECT PARTNERS



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Youth Volunteering Good Examples in Spain



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Practice Identification (1)	
Title	“Loneliness 0 - Life 10“
Organisation	HARENA Foundation 
Country	Spain
Geographical scale	Malaga
Target group	Lonely or socially isolated elderly people at risk of social exclusion in Malaga
Volunteering field	Social services
Implementation period	Since 2008 (14 years)
Practice Description	
Problem addressed	In Malaga there are more than 70,000 people who live without any kind of company. The project is conceived as a care project for elderly people at risk of social exclusion and dependents, through home, hospital and nursing home accompaniment by means of voluntary work. In addition, the programme also includes a Plan of Active Ageing Activities and Digital Training, aimed at promoting healthy living habits, both physical and mental.
Mission and objectives	The programme has three main objectives: To alleviate loneliness, isolation and affective deficiencies of older people living alone and/or in a situation of dependency. To bring about social change through the creation and consolidation of intergenerational ties. To raise awareness and solidarity among the population of Malaga and promote volunteering. To maintain the socialisation of the elderly. To facilitate their mobility. To occupy their free time and promote new forms of leisure.
Participation/attendance	Beneficiaries: more than 10,000 people, including elderly people and volunteers.
Activities that took place	<u>We are here: Telephone against loneliness</u> A telephone helpline against loneliness for elderly people to help them overcome their problems and fight against the effects of unwanted loneliness, which affects their health and quality of life. This service is provided through a free telephone number from Monday to Friday by a network of responsible and active volunteers who act as mediators. It also promotes the use of ICTs among the elderly through





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	<p>video calls and the use of mobile applications.</p> <p><u>Active ageing</u> Active Ageing Activities Plan aimed at promoting healthy physical and mental habits, thus improving their quality of life and, at the same time, promoting the self-esteem of the elderly.</p> <p><u>Home accompaniment</u> The volunteers visit elderly users in their homes one day a week, where they accompany them for two hours with the aim to alleviate the loneliness, isolation and lack of affection of elderly people who live alone.</p> <p><u>In care homes</u> Teams of volunteers visit the elderly once a week to provide them with company and emotional support, as in many cases they do not have a family or relatives.</p>
Funding sources (if applicable)	Co-financed by: Malaga City Council, La Caixa Foundation, Malaga Provincial and City Council, Botín Foundation, El Pimpi Foundation, Unicaja Foundation and Harena Foundation.
Results and Transferability	
Results achieved	<p>Since 2008, the project has achieved the following results:</p> <ul style="list-style-type: none"> • Accompaniment to more than 800 people in their homes, hospitals and residences. • 383,360 accompaniment visits. • 900 volunteers. • Training more than 10,000 people in the use of smartphones, computers and the Internet. • More than 90 active ageing activities.
How the target group benefited from this action	<p>Facilitate the stay of elderly in care homes</p> <p>Health and emotional benefits</p> <p>Increased autonomy and self-esteem</p> <p>Isolation decrease</p>
Elements that make this practice transferable to other fields / countries	It is a volunteering programme that may have a potential for replicability in other spaces, sectors and territories and beneficiaries due to the type of support offered.
Other	
Links	https://www.fundacionharena.org/



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Practice Identification (2)	
Title	Volunteer Scheme
Organisation	Marcelino Champagnat Foundation 
Country	Spain
Geographical scale	Andalusia, Extremadura, Murcia, and Valencia (Mediterranean Province)
Target group	Volunteers of the Foundation and as a result children, youngsters, and other groups in need, as the plan is addressed to all the projects, solidarity initiatives and programmes developed by the Marcelino Champagnat Foundation in which the volunteers participate.
Volunteering field	Social volunteering
Implementation period	The Volunteer Scheme is in force since 2019
Practice Description	
Problem addressed	To manage the volunteers in the most homogeneous way possible, adapting to the demands of the social situation. The lack of strategic organisational coordination of volunteers' work.
Mission and objectives	<p>The Provincial Plan for Marist Social Voluntary Service aims to define a process to articulate and give coverage to the Marist volunteers.</p> <p>The Volunteering Plan is divided into three areas: awareness-raising, support, and coordination.</p> <p>Awareness-raising area. Objective: To provide information to the whole of society about the value, opportunities and the need for voluntary participation, in accordance with the characteristics of each age group and the interests of each citizen, especially those that the Marist Work promotes.</p> <p>Co-ordination area. Objective: To strengthen the collaboration between Public and private Administrations with the Marist Works, paying special attention to their involvement in local structures and networks of cooperation, the Third Social Sector, as well as in regional and national ones, considering the possibility of having a presence in those of an international scope.</p> <p>Area of promotion and funding. Objective: To commit the public and private sectors and the Third Sector itself to the economic and non-economic support of the Marist Works where volunteers are present, highlighting the social role to be played by the volunteers, committing the public and private sectors to the economic and non-economic support of the Marist Works where volunteers are present. economic and non-economic support of the Marist works where volunteers are present, highlighting the social role to be played by the volunteers.</p> <p>It is developed through the request for, and then the granting of,</p>



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	private and public subsidies in which volunteers are involved. volunteers are involved, as well as requesting support in kind.
Participation/attendance	N/A
Activities that took place	Preparation of the Volunteer Scheme
Funding sources (if applicable)	Own resources
Results and Transferability	
Results achieved	Better organisation and coordination of volunteers and greater impact of projects and initiatives on the target groups.
How the target group benefited from this action	Coordination and capacity building of volunteers to implement their work. This expertise can also be very helpful in their professional environment.
Elements that make this practice transferable to other fields/countries	They can easily be translated and adapted, both the intervention scheme and the templates and supporting materials to any organisation volunteer and/or their activities and projects.
Other	
Links	https://www.fundacionmarcelinochampagnat.com FB: @FundMChampagnat IG: @fundmchampagnat TW: @FundMChampagnat YT: https://www.youtube.com/channel/UCwFqZ15aJIw7gWHTXGpz5gw Volunteer Scheme link: https://www.fundacionmarcelinochampagnat.com/wp-content/uploads/sites/5/2020/09/PPV-v6-definitiva.pdf
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Practice Identification (3)	
Title	Partner Families
Organisation	Growing up with a Future 
Country	Spain
Geographical scale	Andalusia
Target group	Children in Child Protection Centres
Volunteering field	Social protection of children
Implementation period	Ongoing
Practice Description	
Problem addressed	In Andalusia, there are more than 2,400 children and adolescents who, for various reasons, cannot live with their families and live in child protection centres under the care of the Administration.
Mission and objectives	The Family Partnership Programme is a resource through which a family can offer to share weekends and holidays with these children and teenagers. They will provide a restorative experience, a positive family model and the possibility of creating healthy and stable bonds.
Participation/attendance	20-25 children in partner families per year
Activities that took place	Partner Families is a programme that connects people to share weekends and holidays with girls and boys from Child Protection Centres.
Funding sources (if applicable)	Ministry of Health, Social Services and Equality
Results and Transferability	
Results achieved	Children improve their self-esteem and build healthy and secure emotional bonds, which will favour their full development.
How the target group benefited from this action	The experience of being part of a family, even if it is not their family of origin, offers the children who participate in the project an opportunity to improve their self-esteem. They live new experiences in a stimulating and committed environment, also expanding their support network and opportunities. Individuals and families who volunteer learn about other realities and broaden their horizons. They value and appreciate more what they have and see how the child's life improves, being direct witnesses of what unconditional love can achieve.
Elements that make this practice transferable to other fields/countries	Methodology for recruitment, mobilisation and selection of families
Other	
Links	https://crecerconfuturo.org/ FB: @crecerconfuturo IG: @crecerconfuturo TW: @ongCcF YT: https://www.youtube.com/channel/UCYuKXpwHwtRM_WLIAQzk2w



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Practice Identification (4)	
Title	Painting for others
Organisation	Cooperación Internacional-IYC
Country	Spain
Geographical scale	Spain
Target group	Vulnerable people at risk of social exclusion
Volunteering field	Social volunteering
Implementation period	Since 1996
Practice Description	
Problem addressed	Precarious housing conditions for groups and individuals at risk of exclusion
Mission and objectives	The profile of the beneficiaries is that of elderly families or single people with limited resources. The aim is not only to dignify their living conditions - with a helping hand of cleaning and painting - but also to raise awareness among young people of the difficulties faced by many families in their environment. Rehabilitation goes hand in hand with companionship and awareness-raising
Participation/attendance	More than 500 volunteers / 40-50 houses per year
Activities that took place	Many of the beneficiary families and individuals must prioritise other first needs before addressing the state of their homes, so the campaign addresses this concern by dignifying their spaces. The appeal of this activity goes beyond the opportunity to get together with a group of friends and do something for others: it is to help improve homes for so many people who cannot afford it, while giving them some company.
Funding sources (if applicable)	Fundación Pryconsa y Fundación Montemadrid
Results and Transferability	
Results achieved	Raised awareness among young people of the difficulties faced by many families in their environment. Improving the living conditions of many people without resources. Companionship for older people living alone.
How the target group benefited from this action	Improving their homes' living conditions, and company in some cases.
Elements that make this practice transferable to other fields/countries	The implementation is very simple and can be replicated in any other country with different target groups.
Other	
Links	https://ciong.org/voluntariado/painting-for-others/



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Practice Identification (5)	
Title	Academia Ágora
Organisation	Itinera Association 
Country	Spain
Geographical scale	Galicia Region
Target group	Mentally ill people
Volunteering field	Social volunteering
Implementation period	Since 2010
Practice Description	
Problem addressed	A need has been detected for people with severe mental health problems to acquire the skills that will enable them to lead a more autonomous and independent life within the academic sphere, being able in the future to be in charge of their training without the need for tutoring. In short, to facilitate the social integration of the beneficiaries.
Mission and objectives	The Agora Academy is a project (study centre) aimed at people with severe mental health problems with the intention of completing their academic training that had to be interrupted due to their illness. Among its objectives are the following: <ul style="list-style-type: none"> • To complete unfinished academic training. • To prepare users for subsequent job entry. • To improve motivation and self-esteem. • Incorporating new technologies into the curriculum of people with no previous contact with computers. • Acquisition of social skills and promotion of interpersonal relationships.
Participation/attendance	Volunteers: 80 Target group: 175
Activities that took place	The Agora Academy is a programme that includes activities such as: <ul style="list-style-type: none"> • Study support group; • IT, • Language School; • Cultural development, through reading groups, writing workshops, initiation to cinema and library service; • Critical analysis and debate, where volunteers work together and reflect on current issues. <p>In addition, life-skills workshops are also offered with the intention of improving their skills and employability.</p>





	<p>The voluntary action is not only aimed at the training of the target group, but also becomes a space of accompaniment, solidarity and social support between the participants and the volunteers. The organisation ensures that many people who start as beneficiaries become volunteers later on. This general rule is especially important in the <i>Ágora</i> programme as the beneficiaries become teachers.</p>
<p>Funding sources (if applicable)</p>	<ul style="list-style-type: none"> • European Social Fund • La Coruña Provincial Council • City Council of Santiago de Compostela • Galician Health Service • University of Santiago de Compostela
<p>Results and Transferability</p>	
<p>Results achieved</p>	<p>In addition to the results and benefits for target groups, there are also results for society. Focusing on this problem breaks down stereotypes and contributes to a better understanding and greater social acceptance of these people whose lives are seriously affected in all their dimensions. The fact that there are volunteers also helps to deactivate certain stereotypes and helps to normalise this group.</p>
<p>How the target group benefited from this action</p>	<p>Improvement of social integration of the beneficiaries.</p>
<p>Elements that make this practice transferable to other fields/countries</p>	<p>This is a volunteer programme that may have a potential for replicability in other spaces, sectors, territories and beneficiaries due to the type of training and socio-cultural workshops offered.</p>
<p>Other</p>	
<p>Links</p>	<p>http://www.asociacionitineras.com/agora.html</p>
<p>Photos</p>	



Practice Identification (6)	
Title	Solidarity holidays
Organisation	Telefonica Foundation
Country	Spain
Geographical scale	Worldwide (Spain, South America, Asia and Africa)
Target group	Children, teenagers, teachers and members of the target community
Volunteering field	Corporate volunteering
Implementation period	Since 2004 until 2019 (interrupted in 2020 due to COVID-19)
Practice Description	
Problem addressed	Bridging the digital divide of children, teenagers, teachers and members of the target community
Mission and objectives	The aim of this initiative is to help those most in need through educational and recreational activities by providing quality digital education to children from the most vulnerable environments. Volunteers support Fundación Telefónica's educational programmes by providing digital education to children from vulnerable backgrounds in Spain, Latin America, Asia and Africa.
Participation/attendance	Volunteers: +250 people per year Beneficiaries: 1500 – 2000 per year
Activities that took place	Training and educational activities with children, teenagers, teachers and members of the community in the use of digital tools for educational purposes and their responsible use. To this end, volunteers receive prior training in the digital skills and tools they will be using.
Funding sources (if applicable)	Own resources
Results and Transferability	
Results achieved	The exchange of experiences and knowledge between the volunteers and the participating people and communities.
How the target group benefited from this action	Improved digital skills.
Elements that make this practice transferable to other fields/countries	Transforming potential, both for the target population and for the volunteers.
Other	
Links	https://www.fundaciontelefonica.com/voluntarios/vacaciones-solidarias/



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Practice Identification (7)	
Title	Ecocampus - ENVIRONMENTAL VOLUNTEER CAMPS IN NATIONAL PARKS
Organisation	UAM Ecocampus Office and Friends of the Earth   
Country	Spain
Geographical scale	Spanish National Parks
Target group	Over 18 years of age. Good physical condition is required.
Volunteering field	Environmental field
Implementation period	April – August (depending on the National Park) for more than 15 years.
Practice Description	
Problem addressed	Conservation and improvement of nature, biodiversity and the environment in general, in National Parks).
Mission and objectives	This initiative is promoted by the National Parks Autonomous Body of the Ministry for Ecological Transition and the Demographic Challenge of Spain. It aims at promoting social participation and contribute to the environmental awareness of society through the development of projects and activities in different natural spaces that make up the Spanish National Parks Network.
Participation/attendance	50 volunteers per year
Activities that took place	The Protected Natural Spaces are ideal and privileged environments to involve society in the care and restoration of nature and in the conservation of our heritage. Depending on the protected area, activities can be: <ul style="list-style-type: none"> • Control of exotic or invasive species: elimination, identification of affected areas. • Maintenance of forest repopulation. • Entomology: sampling and identification of insects, entomological inventories. • Fauna and vegetation monitoring. • Cleaning of riverbanks. • Conditioning and monitoring of reforestation. • Review of the state of public use services and facilities: improvement of existing signs and trails, cleaning of areas, natural reconditioning, visitor safety, impact reduction, enhancement of heritage and promotion of sustainable tourism activities, etc. • Support for monitoring visitors: surveys, entry control at access points (visitors and vehicles), information and visitor awareness. • Environmental restoration on high peaks and recovery of high mountain ecosystems.
Funding sources (if applicable)	National Parks Autonomous Body of the Ministry for



	Ecological Transition and the Demographic Challenge of Spain
Results and Transferability	
Results achieved	50 volunteers per year
How the target group benefited from this action	<p>The Environmental Volunteer Camps are a collective activity whose participants come voluntarily with the aim of learning and contributing to the conservation and improvement of nature and the environment. Participants support the tasks of the National Parks staff, through a participative, responsible, shared experience of coexistence and enjoyment as a team, open to the positive contribution that each person can make, and supervised by an organisation.</p> <p>It is not a paid job or an internship, or "going on an excursion", but rather carrying out a collective physical and intellectual activity in order to achieve certain objectives through direct intervention in the natural environment.</p>
Elements that make this practice transferable to other fields/countries	Europe accounts for more protected areas than any other region of the world, so this sort of programmes can be easily transferred to any other (network of) protected area/s with the support of their managing authorities.
Other	
Links	https://www.uam.es/uam/en/ecocampus/campos-voluntariado-ambiental-parques-nacionales
Photos	



Practice Identification (8)	
Title	"Senior Cultural Volunteers to show the Museums of Spain"
Organisation	Spanish Confederation of Senior Citizen Classrooms 
Country	Spain
Geographical scale	National – Spain
Target group	Children, young people and special groups Elderly people
Volunteering field	Cultural & social volunteering
Implementation period	CEATE has been developing the programme "Senior Cultural Volunteers to show the Museums of Spain to children, young people and retired people" for more than 25 years. This innovative and ambitious programme was born in 1993 on the "European Year of Older People and Solidarity between Generations" declared by the European Union.
Practice Description	
Problem addressed	The "Senior Cultural Volunteers to teach the Museums of Spain" programme aims to respond to a dual need or demand. <ul style="list-style-type: none"> On the one hand, the Museums of Spain, like other cultural spaces, need well-trained people who can teach and transmit the cultural, artistic, historical and scientific riches to be found in their rooms and showcases. And, on the other hand, older people need to remain active, involved, with their neurons stimulated, to feel useful and socially integrated, in order to maintain their overall health (physical, material and social) and their personal wellbeing.
Mission and objectives	General objective: Older people, suitably prepared, can teach voluntarily and altruistically Spanish Museums and Historical-Artistic Heritage to children and young students and groups of adults and retired people who require this service. Specific objectives: <ul style="list-style-type: none"> Museological: To promote Spain's Museums and increase the number of their individual and group visitors, thus providing support to Museums that do not have this service. Gerontological: To improve the well-being, integral health, and quality of life of the elderly, as well as to prevent pathological ageing by keeping them active, dynamic, participative, and useful to society. Cultural: To bring the cultural and historical-artistic riches found in the museums closer to the groups that come to visit them. Social: To provide a service to society by helping raise the educational and cultural levels of the population, especially children and young students.



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Participation/attendance	More than 1,500 senior volunteers, aged between 55 and 90, teach in more than a hundred Spanish museums and more than 50 different cultural spaces throughout Spain. More than four million children and young students and half a million adults and retired people have benefited from the teachings of the Seniors who have passed on to them all the art, history, culture, and science within the walls of the museums.
Activities that took place	Activities has taken place in 32 museums and 37 cultural sites: <ul style="list-style-type: none"> • Senior Cultural Volunteers to teach the Museums of Spain. • Conferences: Bringing Museums to the Elderly Homes and Day Centres of the Community of Madrid. • Visits: Bringing Museums and Day Centres closer to the Museums of the Community of Madrid. • "Let's go to the Museum!" aimed at Minors under guardianship of the Community of Madrid. • Travelling exhibitions in Madrid region. • Senior Cultural Volunteers to show museums to people with disabilities and other social groups marginalised from the enjoyment of cultural goods.
Funding sources (if applicable)	N/A
Results and Transferability	
Results achieved	People over 65 have found a way to feel useful through culture. Men and women who, after retirement, have the opportunity to be active teaching children, young people and special groups in the main museums of Spain. These are the great achievements of this programme: helping elderly people to train as cultural volunteers and thus serve society after completing their working. CEATE has been awarded as a national benchmark for its work in training and contribution to cultural volunteering for the elderly with this programme.
How the target group benefited from this action	Both volunteers and target groups benefit. Volunteers are men and women who, after retirement, have had the opportunity to be active teaching art, history, culture, and science to children, young people and special groups in the main museums of Spain. The later (children young people and special groups) benefit from the knowledge, expertise and experience of the elder.-
Elements that make this practice transferable to other fields/countries	Easy to be implemented in any city / region with a group of elderly people and museums or cultural sites to visit.
Other	
Links	https://ceate.es/voluntariado-cultural/ FB: @ceate.ceate TW: @mayoresceat



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Practice Identification (9)	
Title	Integration through sport project
Organisation	Padel Integra Association 
Country	Spain
Geographical scale	Seville (Spain)
Target group	Disabled people
Volunteering field	Social Volunteering
Implementation period	Ongoing
Practice Description	
Problem addressed	Pádel Integra carries out adapted sports programmes for people with disabilities and at risk of social exclusion, so the help of volunteers is essential in an environment of constant and varied needs.
Mission and objectives	<p>The main objective of the project is to improve the quality of life of people with a disability and their families through sport, so that it is as full as possible.</p> <p>Their hallmark is to provide individualised attention, with an inclusive vocation and adapted to their needs, with the supportive participation of a large group of volunteers.</p>
Participation/attendance	Volunteers: 8-10 (and 4-5 volunteers coordinators) per year Beneficiaries: +500 per year
Activities that took place	<p>The work of volunteers is related to adapted sporting activities with support actions in a social context of integration/inclusion, with safety protocols, support missions, and family rest:</p> <ul style="list-style-type: none"> • Support work for sports monitors/professional teams. • Logistical support. • Administrative support. • Dissemination work in social media and internet. • Project/programme promotion
Funding sources (if applicable)	Collaboration of companies, agreements with universities, support from entities that work with people in social exclusion and agreements with sports clubs.
Results and Transferability	
Results achieved	Inclusion in society of people with various disabilities through sport, improving their autonomy and a life as normalised as possible.
How the target group benefited from this action	<ul style="list-style-type: none"> • Healthier lifestyles by reducing sedentary lifestyles and improving their physical and mental abilities. • Improvement of their social integration and ability to overcome barriers of any kind.
Elements that make this practice transferable to other fields/countries	This action has the potential to be transferable to other contexts as it is scalable in other contexts and with other vulnerable populations.



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Other

Links

<http://padelintegra.es/voluntariado-sevilla/#!>
TW: @Padel_Integra
IG: @padelintegra
FB: @Asociacionpadelintegra

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Practice Identification (10)	
Title	Educating Smiles
Organisation	<p><i>Soñar despierto</i> / Daydreaming</p> 
Country	Spain
Geographical scale	Madrid, Barcelona, Seville and Valencia
Target group	Children living in residential care homes
Volunteering field	Social volunteering
Implementation period	2019 and now after COVID-19 restriction have been removed
Practice Description	
Problem addressed	<p>Most of the children who are under the protection system (living either in a residence or with a foster family) have a great delay in their studies that, as they grow up, limits their possibilities when it comes to making the leap to adulthood.</p> <p><i>Soñar Despierto</i> aims at finding in the volunteers a point of reference for children and a figure of support that accompanies them when it comes to getting ahead in their studies.</p>
Mission and objectives	Making children living in residential care homes happy and fulfilling their dreams
Participation/attendance	
Activities that took place	A volunteer goes every week to the place where the child lives (reception centre or to the home of the host family where the child lives) to help the same child with homework or to improve in a specific subject.
Funding sources (if applicable)	Own resources
Results and Transferability	
Results achieved	<p>2019 results:</p> <p>Children: 274</p> <p>Centres: 41</p> <p>Volunteers: 136</p>
How the target group benefited from this action	<p>Minors under guardianship have a very significant lack of training.</p> <p>It is one of the few school reinforcement programmes aimed at minors living in shelters in Spain. It is based on a personalised methodology focused on the needs of each child, which reduces school failure rates.</p> <p>The educators have noticed great improvements in terms of self-esteem, behaviour, emotional stability, motivation for studies and reading and writing comprehension in the children.</p>
Elements that make this practice transferable to other fields/countries	<p>Methodology</p> <p>Similar social contexts in other EU countries</p>



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Other

Links

<https://www.sdespierto.es/programas/voluntariado>

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1 st Practice Identification	
Title	Simon of Cyrene accompaniment project
Organisation	Zaragoza Diocesan Caritas 
Country	Spain
Geographical scale	Regional
Target group	To people at risk of serious or severe social exclusion who are in any of the following situations: people deprived of liberty, people living on the street, addiction problems and without family support, isolation and loneliness, and who are ready to begin a personalized process of insertion.
Volunteering field	Social Services
Implementation period	More than 25 year
Practice Description	
Problem addressed	- Accompaniment to individuals and families who need advice related to housing and how to defend their housing rights. - Support people with disadvantaged background
Mission and objectives	1. carry out personalized accompaniment processes to improve people's quality of life, through two insertion apartments, one for men and the other for women, with three places in each. It also has three more places for young men of foreign origin in collaboration with two male religious communities. 2. Offer specialized support, in partnership with parish shelters, centres and caritas Zaragoza's own services. 3. Give housing to people without income or any kind of access to other residential resources.
Participation/attendance	n/a
Activities that took place	<ul style="list-style-type: none"> • Reception and listening through personal interviews, either in the penitentiary centers of Zuera or Daroca and at the headquarters of Caritas. • Executing accompaniment processes aimed at working on people's need in the different areas of their lives (administrative-legal, housing, health, training...), their history, their problems and thus initiating a process of social recovery with the final objective of their inclusion and integration into society in an autonomous manner. • Networking with different platforms linked to the project: Coordination of entities for homeless people of Zaragoza (CPSH), Coordination of entities working in prison in Aragon (EnlaZaDos), Delegation of Prison Pastoral Zaragoza, as well as in the working group of social housing of the Aragonese network of inclusion. All of them deal with





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	aspects related to awareness and denunciation, as well as the healthy enjoyment of leisure and free time.
Funding sources (if applicable)	Donors companies and individuals' donations
Results and Transferability	
Results achieved	
How the target group benefited from this action	The programme gives the opportunity to disadvantaged people who has lived hard times during their lives to talk to the volunteer who will be there and who has had a similar experience some years ago.
Elements that make this practice transferable to other fields/countries	Similar efforts can be implemented everywhere
Other	
Links	https://www.caritas-zaragoza.org/accion_social/proyecto-de-acompana-simoncirene/
Photos	



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2 nd Practice Identification	
Title	TRANSFORMATIVE EDUCATION PLAN FOR GLOBAL CITIZEN 2022
Organisation	COOPERATION FOR PEACE ASSEMBLY - ARAGON 
Country	Spain
Geographical scale	Regional, national and international
Target group	All young people, from the scholar age
Volunteering field	education
Implementation period	2020-2024
Practice Description	
Problem addressed	<ul style="list-style-type: none"> issues such as gender equality, the fight against inequalities, social justice, social protection, taxation, decent work, sustainability, just transition,
Mission and objectives	<ul style="list-style-type: none"> Support peace-building processes by promoting the peaceful resolution of conflicts and the protection of persons and entities that defend human rights. Contribute to gender equality and the exercise of the rights of women, girls and LGTBI+ people. Promote fairer societies that guarantee the effective enjoyment of the social, economic and cultural rights of their populations.
Participation/attendance	
Activities that took place	<ul style="list-style-type: none"> Development of school programs without racism, schools for peace and development (ESR, EPD) in the kindergarten, primary and secondary level of public schools. Increase and reinforce the process of identification of key agents and analysis of the local context in the territories of work. Promote methodologies and generate didactic tools that contribute to the elimination of hate speech and foster a culture of peace, with special attention to the ESR, EPD educational program.
Funding sources (if applicable)	Donors' companies and individuals' donations
Results and Transferability	
Results achieved	To contrast the information from the surveys and clarify the results obtained from them, interviews or focus groups can be conducted with students.
How the target group benefited from this action	
Elements that make this practice transferable to other fields/countries	Similar efforts can be implemented everywhere
Other	
Links	https://www.acpp.com/que-hacemos/intervencion-social-e-incidencia/



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3 rd Practice Identification	
Title	Personal Autonomy in Zaragoza
Organisation	DFA Foundation 
Country	Spain
Geographical scale	Regional and National
Target group	People with disabilities (between 12 and 65 years old)
Volunteering field	Social service
Implementation period	
Practice Description	
Problem addressed	
Mission and objectives	To offer people with disabilities an individualized service that favors the promotion of their autonomy, activating compensation mechanisms in order to improve the autonomy and independence of the person, allowing a better functional and social status, and to maintain or maximize function, when full recovery is not possible.
Participation/attendance	Young people, adolescents, children, adults
Activities that took place	<ul style="list-style-type: none"> • Dissemination of the service • Individualized Intervention Plan • Functional Rehabilitation Plan in the gymnasium • Group classes: healthy back, body consciousness • Multisport activity
Key actors involved	n/a
Funding sources (if applicable)	Financed by the Aragon Government
Results and Transferability	
Results achieved	
How the target group benefited from this action	Organization of a set of physical, social, therapeutic, adaptive and educational activities, carried out by a multidisciplinary team. The execution of the program is possible thanks to the work of the rehabilitation physician, the social worker and the occupational therapist.
Elements that make this practice transferable to other fields/countries	Similar efforts can be implemented everywhere
Other	
Links	https://www.fundaciondfa.es/proyectos/autonomia-personal-zaragoza
Photos	



4 th Practice Identification	
Title	Global volunteer
Organisation	AIESEC 
Country	Spain
Geographical scale	International
Target group	Young people
Volunteering field	Personal & professional development
Implementation period	
Practice Description	
Problem addressed	Our Global Volunteer projects around the world exist because we choose to shape what we do around what the world needs. We have committed to creating a youth movement to achieve the 17 Sustainable Development Goals by the year 2030.
Mission and objectives	Volunteering abroad gives you the opportunity to have an unforgettable experience, following your passion and contributing to the UN Sustainable Development Goals.
Participation/attendance	Young people 18-30, students
Activities that took place	Young people who are interested, create an account on the platform, they find the project that they are most interested in, they go through the selection process and once they are selected they go to the selected country for 6-8 weeks.
Key actors involved	NGOs, schools, summer camps
Funding sources (if applicable)	Global and regional companies
Results and Transferability	
Results achieved	A significant number of volunteers that participated, number of partner organizations and countries which is escalating
How the target group benefited from this action	<ul style="list-style-type: none"> Experience new cultures Make an Impact Challenge themselves Develop leadership qualities Empowering others Self-awareness Solution oriented World citizen
Elements that make this practice transferable to other fields/countries	This practice is already international. However, the concept of visiting other countries and cultures can be implemented in other organizations too as it is a well-rounded experience for young people.
Other	
Links	https://www.aiesec.org.es/global-volunteer/

6 th Practice Identification	
Title	-
Organisation	Accem 
Country	Spain
Geographical scale	Local, regional, national and international
Target group	NGOs, Companies, People who want to be volunteers
Volunteering field	Training/Education, Job Placement/Employment Activities
Implementation period	Accem was founded in 1990, creating three centers in different region of Spain. It operates in different fields to help vulnerable people.
Practice Description	
Problem addressed	Improve the living conditions of people in vulnerable situations.
Mission and objectives	Accem's mission is the defense of fundamental rights, care and support to people who are in a situation or at risk of social exclusion. they want to contribute to a diverse and cohesive society, from an intercultural approach, through comprehensive action, effective equality of rights, participation and empowerment of people.
Participation/attendance	
Activities that took place	Through a set of actions, events and initiatives, we identify, mobilize and connect individuals, autonomous groups, institutions and companies with non-profit organizations, aiming to develop synergies between them based on volunteering.
Key actors involved	Organizations, companies, institutions
Funding sources (if applicable)	Accem is a non-profit organisation whose income comes from donations and partnerships with Institutions or companies.
Results and Transferability	
Results achieved	37.148 people got Accem support during 2021 in different fields such as health care, migration, social exclusion and so on.
How the target group benefited from this action	Connecting, training, and mobilizing volunteers and organizations to carry out social activities, developing the volunteering culture and emphasizing the many and varied ways in which people may donate their time, energy, and talents.
Elements that make this practice transferable to other fields/countries	Because the Accem organization is widely known in Spain and it may serve as a model for other volunteer groups.
Other	
Links	https://www.accem.es/
Photos	



7 th Practice Identification	
Title	-
Organisation	Medicusmundi 
Country	Spain
Geographical scale	National, international, regional and local
Target group	Children and adults
Volunteering field	Health care
Implementation period	2021-2024
Practice Description	
Problem addressed	Medicusmundi NAM exists to contribute to generate structural changes in society, fostering a culture of solidarity and commitment, both individual and collective, that makes it possible to eradicate poverty and allows health, considered in an integral manner, to be a right within the reach of all people.
Mission and objectives	<ul style="list-style-type: none"> • Improve the living conditions and promote human development processes of human development in the countries in which we work, intervening on the determinants of health determinants and strengthening public health public health systems, especially with respect to Primary Health Care (PHC) and Public Health. • Generate structural changes in society, fostering a culture of solidarity and commitment, both individual and collective. • Strengthening our partnership ensuring a participative, efficient participatory, quality and transparent management.
Participation/attendance	
Activities that took place	<ul style="list-style-type: none"> • Promote recreational and educational activities (puppets, storytelling, theater, games, workshops...) • Strengthen the organizational and advocacy capacities of civil society for the exercise of its Right to Health, promoting citizen participation and spaces for social actors to meet. • Maintain regular meetings with technical and political leaders in the health field to position ourselves as a reference for administrations and political and social agents in the field of cooperation for development in health. • To raise awareness among the Spanish population • about the situation and the need to defend the right • to a healthy life and to accessible and quality health care, making known the causes of not being able to enjoy this right.





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Key actors involved	Associations FAMME Medicuumund Navarra Medicuumundi Aragon Medicuumundi Madrid Department of Health and Organizations in Navarra
Funding sources (if applicable)	Donations, companies, and institutions, sponsor
Results and Transferability	
Results achieved	
How the target group benefited from this action	You will activate forces, develop skills and gain access to knowledge, information, networks, and services so that you can have better control of your life, make important decisions that concern you and make strategic choices.
Elements that make this practice transferable to other fields/countries	The model that it is used in this practice can be transferred to any organization around the world who want to implement something similar.
Other	
Links	https://lasaludunderecho.es/
Photos	



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8 th Practice Identification	
Title	CENTRO DE SALUD ST JOSEPH DE NAWABUPETA
Organisation	Kumara Infancia del mundo 
Country	Spain
Geographical scale	Regional, local, international
Target group	Children, women, people in bad living conditions
Volunteering field	Social activities, education, health care
Implementation period	2022
Practice Description	
Problem addressed	Improving the little flower school in India
Mission and objectives	The project consists of upgrading the facilities of the Little Flower School in Kalluru to prevent wastewater, flooding and environmental seepage as well as to combat the deterioration of bus materials and the expulsion of toxic gases.
Participation/attendance	Groups of volunteers
Activities that took place	<ul style="list-style-type: none"> • Repair of toilets to prevent sewage seepage into the environment and mold on the walls during the monsoon season. • Repair of doors with latches in the toilets to prevent the girls from going to the surrounding area to relieve themselves, since in spite of having toilets, many of them did not use them. • Leveling the ground in the courtyard to avoid stagnant water and germs during the monsoon season. • Construction of a bus depot to prevent the buses from deterioration and the expulsion of toxic gases from the plastic seats due to high temperatures.
Key actors involved	n/a
Funding sources (if applicable)	
Results and Transferability	
Results achieved	The project started in 2011 and has gone through several stages until reaching its current state where there are 530 children of various ages, from pre-school to 15 years old.
How the target group benefited from this action	The school is bilingual in English and Telugu and although it is managed by the Carmelites, the students are of different religions as well as the teachers and caretakers. At the beginning it was a bit difficult to make the school mixed but nowadays the classes are shared equally by boys and girls.
Elements that make this practice transferable to other fields/countries	The paradigm utilized in this practice may be adapted to any company anywhere in the globe that wishes to implement anything similar (empowerment and support).
Other	
Links	http://kumarainfancia.org/colegio-bilingue-little-flower-kalluru/



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9 th Practice Identification	
Title	
Organisation	OXFAM Intermon 
Country	Spain
Geographical scale	Regional, local and international
Target group	Disadvantaged populations
Volunteering field	Development cooperation, humanitarian action, campaigning and advocacy, and fair trade
Implementation period	Not specified
Practice Description	
Problem addressed	Solve the problem of inequalities and discrimination of any kind
Mission and objectives	We want a more equal future. All lives are equally important, and no one should be discriminated against because they were born in one place or another or because they are a certain way. That's why we work to end inequality, so that all people can have the same rights and opportunities to thrive and not just survive.
Participation/attendance	volunteers
Activities that took place	Primary activities include advocacy, research, capacity building and humanitarian assistance.
Key actors involved	NGOs
Funding sources (if applicable)	
Results and Transferability	
Results achieved	In the last year, OXFAM programs have improved the lives of more than 27.5 million people.
How the target group benefited from this action	Oxfam activities allow people to have support from different point of view, most of the time volunteers offer psychological support, humanitarian aids, providing countries with clean water, installing infrastructures and so on.
Elements that make this practice transferable to other fields/countries	Oxfam is actually present in different countries all around the world
Other	
Links	https://www.oxfamintermon.org/es?hsLang=es



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10 th Practice Identification	
Title	
Organisation	Spanish Association against the cancer 
Country	Spain
Geographical scale	national
Target group	ill persons and their families
Volunteering field	Medicine, health and education
Implementation period	Since 1953
Practice Description	
Problem addressed	The need to support people with cancer and their families and to find better diagnosis and treatment of cancer.
Mission and objectives	The main aim of AECC is to lessen the impact caused by cancer and improve people's lives.
Participation/attendance	
Activities that took place	<ul style="list-style-type: none"> • Medical and nursing guidance • Psychological Care • Social care • Accompaniment
Key actors involved	Professionals and specialized volunteers
Funding sources (if applicable)	Funds from the government
Results and Transferability	
Results achieved	The Association achieved a lot of research results on cancer thank to project financed.
How the target group benefited from this action	Patients and their families benefit from any kind of clarification of doubts related to diagnosis, treatments and side effects. They receive support in coping with the emotional distress caused by the disease and treatments, and finally they are helped in improving communication with family, friends and the medical team.
Elements that make this practice transferable to other fields/countries	
Other	
Links	https://www.elix.org.gr/be-volunteer-gr/workcamps-gr
Photos	 



11 th Practice Identification	
Title	
Organisation	Patronato 
Country	Spain
Geographical scale	Local
Target group	Disadvantaged families, children and youth
Volunteering field	education
Implementation period	Since 1974
Practice Description	
Problem addressed	The need to support people with difficulties and in needs.
Mission and objectives	The main aim of the Patronato is: <ul style="list-style-type: none"> • To help those most in need, based on the principles of humanism, Christianity and the Catholic faith, especially disadvantaged families, children and youth. • Through the formation and education in values and ideas, carrying out social, formative, cultural, leisure and free time activities, without distinction of race, sex or religion. • Contributing to cover basic needs and solve their problems at social, family, labor, training and economic level to achieve a better quality of life for everyone. Supporting the family and all that it means, as a basic concept of our society.
Participation/attendance	
Activities that took place	<ul style="list-style-type: none"> • Nursery • Camp • Education • Playroom • School reworking • Food bank
Key actors involved	Professionals and volunteers
Funding sources (if applicable)	Funds from the government, donations and fees
Results and Transferability	
Results achieved	During the year 2020 the Patronato has carried out numerous activities, obtaining various results in education, social and youth fields.
How the target group benefited from this action	Children, youths and families in need, benefited from any kind of support: psychological support, food support, provided by the food bank, and even support for those material needs that families could not cover given the situation of difficulties.
Elements that make this practice transferable to other fields/countries	This practice's paradigm may be used to any organization anywhere in the world that wants to develop anything comparable.



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Other

Links

<https://www.patronatolosdolores.es/>

Photos



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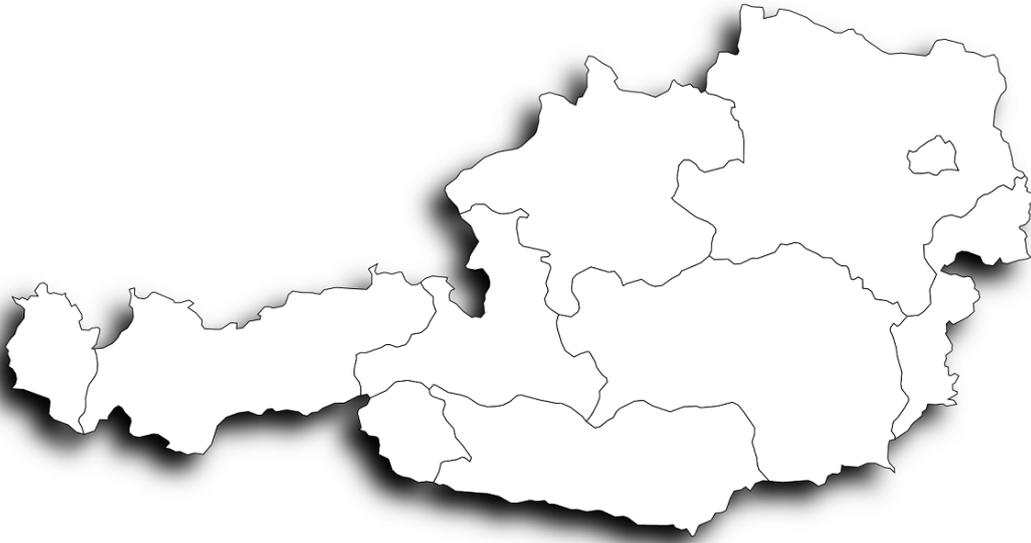
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Youth Volunteering Good Examples in Austria



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Youth volunteering good examples	
Country	Austria
Organisation	 AIESEC
Title	YouthSpeak Forum
Target group	Young people
Description	<p>YouthSpeak Forum is a one-day event aiming to give young people a platform to understand the 17 Sustainable Development Goals better while getting inspired to take proactive action. Through this event, participants can improve their understanding of their potential role in contributing to the 2030 agenda. In addition, the event facilitates a know-how exchange between high-caliber experts from corporate, governmental, and non-governmental spheres. The experts share their experiences through the intermediate of keynotes and workshops.</p> <p>The event is entirely free of charge. Such endeavour allows the youth to expand their knowledge, become more assertive, and polish their skills while receiving a certificate.</p> <p>What is unique about this practice is the modular agenda that allows participants to attend the symposiums of interest to them, such as human rights, climate change, or social entrepreneurship. As a result, the recommendations for achieving the Sustainable Development Goals are giving young people a more prominent voice, helping publicize existing participation projects, and furthering the education concept of “modern participation” for multipliers.</p> <p>In addition, this initiative stimulates youth to participate in volunteering initiatives related to climate change and the SDGs¹.</p>
Links	https://aiesec.at/youthspeak-forum-2022/ https://www.facebook.com/aiesecaustria/ https://www.instagram.com/aiesecinaustria/?hl=en https://www.youtube.com/watch?v=pwzIze4K0Os
Photos	  

¹ “Youthspeak Forum 2022.” *AIESEC in Austria*, 13 Feb. 2022, Available at: <https://aiesec.at/youthspeak-forum-2022/>.



Youth volunteering good examples	
Country	Austria
Organisation	International Cultural Youth Exchange (ICYE) /GRENZENLOS  
Title	Social Enterprises As A Tool For Change- Workshop
Target group	Young people
Description	<p>This initiative aims to raise awareness of Social Entrepreneurship as a vital trigger for Social Change through volunteering. To achieve this goal, the organization hosted many workshops that sought to inform participants about the topic's conceptual framework while offering training to develop entrepreneurial skills and introduce tools to establish social entrepreneurship projects. A different learning aspect particular to this initiative is the educational trips to several social enterprises in Vienna to offer participants hands-on experience to promote a better understanding of social entrepreneurship. To further increase the visibility and recognition of Social Enterprises and this project, Grenzenlos accompanies all the activities with promotion on social media.</p> <p>One of the workshops offered an overview of social entrepreneurship, in which the volunteers learn about the characteristics, values, aims, and objectives of social enterprises through examples of established social enterprises in Austria. Another workshop tackled methods and tools that transform an entrepreneurial idea into a project, while participants could test out different approaches. As part of the project, trips to other social enterprises in Austria were organized to inspire and show the diversity of these enterprises in Austria.²</p>
Links	<p>Facebook: Grenzenlos and Melange Vienna</p> <p>Instagram: @grenzenlos.volunteering</p>
Photos	  

² <https://www.icye.org/austria-young-leaders/>



Youth volunteering good examples	
Country	Austria
Organisation	Offenes Wissen für die digitale Zivilgesellschaft 
Title	Jugend Hackt (Translates as 'Youth Codes')
Target group	young people between 12 – 18 years
Description	This initiative aims are to familiarise young people with coding, web development, and prototyping. With the help of experienced mentors voluntarily, participants learn how to code, develop (hardware) prototypes, digital tools, and concepts, work with open data, and work with different technologies and techniques. The measure was founded in 2013 by the 'Open Knowledge Foundation Deutschland e.V.' Due to its high demand and remarkable success, the project expanded to Austria and Switzerland, and it is now available in Berlin, Dresden, Köln, Hamburg, Frankfurt am Main, Halle, Linz, and Zürich. The project is invaluable for youngsters who need to adapt to new technologies and digital innovations. ³
Links	https://jugendhackt.org/ https://www.youtube.com/channel/UCZPArRo7O1Y07hK1L-JfvUw/videos?view=0&sort=p&shelf_id=1
Photos	 

³ *Be Inspired - European Good Practices - Interreg Central*. Available at: <https://www.interreg-central.eu/Content.Node/InduCCI/Be-inspired----European-good-practices.pdf>.



Youth volunteering good examples	
Country	Austria
Organisation	 European Youth CARD Association
Title	AHA plus: Recognition scheme for youth voluntary activities
Target group	Young people
Description	<p><u>Aha plus</u> is a recognition system for young people who volunteer in their municipality or are part of a civic initiative. The mechanism behind the initiative is relatively simple: to collect points, young people must subscribe for an <u>aha card</u>, and the organization for which they want to work must be registered at aha plus and publish its activities online. Then, the young person can exchange the collected points for rewards such as a job shadowing in a well-known company, a meet-and-greet with a famous person, or concert tickets.</p> <p>On top of the opportunities offered by aha plus, young people benefit from finding a match between their interests tied to volunteering and the best-matched tasks. On a different note, it helps organizations become more visible among young people.</p> <p>There are two types of quests that the volunteers can pursue:</p> <ol style="list-style-type: none"> 1) Continual quests are activities that associations assign to young people for the length of more or more minor a "season." 2) Unique quests are one-time activities such as helping at a clean-up day, helping at the cashier desk at an event, leading a workshop, etc. <p>The points collected through voluntary activities can be exchanged for rewards, such as food vouchers and other small prizes.</p> <p>More significant rewards such as concert tickets, a barista starter course, or a meet-and-greet with a celebrity require volunteers to respond to a survey and participate in a draw⁴.</p>
Links	https://www.facebook.com/EuropeanYouthCardAssociation https://www.eyca.org/who-we-are
Photos	

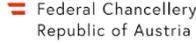
⁴ AHA Plus: Recognition Scheme for Youth Voluntary Activities - EYC & Do More. Be More. Available at: <https://www.eyca.org/national-projects/aha-plus-recognition-scheme-for-youth-voluntary-activities>.



Youth volunteering good examples	
Country	Austria
Organisation	 Social Impact Awards Austria
Title	Social Impact Awards
Target group	Young people
Description	<p>Since 2009, the Social Impact Award (SIA)- one of the world's largest active youth civic engagement communities, has supported young people to turn their innovative drive into concrete projects, initiatives, and social enterprises with systemic impact. This work impacts the next generation (ages 18-30) by strengthening key skill areas of young people, combating youth unemployment, and empowering them to engage in social cohesion actively.</p> <p>SIA develops a community of young social innovators who turn visions into action by building social enterprises that find solutions to the most challenging problems of the current time. They do so by organizing events and running workshops to raise awareness about social entrepreneurship; teaching the skills necessary to move from vague intentions to promising ventures, providing access to networks of peers and experts; and nurturing the best teams with the Social Impact Award.⁵</p>
Links	https://www.facebook.com/EuropeanYouthCardAssociation https://www.eyca.org/who-we-are
Photos	

⁵ "Social Impact Award." *Social Impact Award Österreich*, 20 May 2021. Available at: https://austria.socialimpactaward.net/?utm_source=footer&utm_medium=website&utm_campaign=cross_promo.



Youth volunteering good examples	
Country	Austria
Organisation	<p>Department for Families and Youth at the Federal Chancellery and is carried out in cooperation with the National Network of Austrian Youth Information Centres.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
Title	YourProjects (EureProjekte)
Target group	young people between 14 and 24
Description	<p>EureProjekte enables young people to implement their project ideas. The beneficiaries gain material assistance- a start-up fund of up to 750 euros and know-how from the central office, tailored on projects focusing on 'climate protection and sustainability. By the end of 2018, more than 350 projects had been launched, reaching around 16,000 people.</p> <p>Apart from the incipient funding, participants receive an individual project consultation with employees of the provincial youth information centers. EureProjekte aims to create an environment for young people to test their ideas without repercussions. An essential condition is that the project ideas must be creative and innovative and open up new spaces that contribute to social diversity and promote cooperation in the areas of art and culture, environment, health, sustainability, social involvement, society, technology, sport, and others⁶.</p>
Links	https://www.eureprojekte.at/
Photos	

⁶ "YouthWiki." *Raising Awareness about Youth Volunteering Opportunities* | YouthWiki. Available at: <https://national-policies.eacea.ec.europa.eu/youthwiki/chapters/austria/26-raising-awareness-about-youth-volunteering-opportunities>.

Youth volunteering good examples	
Country	Austria
Organisation	Verein Freiwilligenmessen zur Förderung von Freiwilligenarbeit in Österreich 
Title	(Young) Volunteers Fair
Target group	Young People
Description	<p>The association for voluntary fairs to promote voluntary work in Austria (<u>Verein Freiwilligenmessen Zur Förderung von Freiwilligenarbeit in Österreich</u>) was founded in 2011, with the support of the <u>Federal Ministry of Social Affairs, Health, Care and Consumer Protection</u>. The trademark opportunity offered by the association was a voluntary fair initiated in 2012. Ever since, the initiative became the association's flagship project, which now takes place yearly. Together with the <u>Competence Center for Non-profit Organizations and Social Entrepreneurship (Kompetenzzentrum für Nonprofit Organisationen und Social Entrepreneurship)</u>, the first fair for young volunteers was organised in 2016 (60 exhibitors, 1700 visitors). Around 50,000 visitors have attended the fairs over the years.⁷</p> <p>Apart from the fair, the Freiwilligenmessen association seeks to consider the need of volunteers and organizations to keep their knowledge up-to-date to face new challenges. Hence, the organization pursues complementary work by providing up-to-date training courses in compact, affordable events and digital formats.⁸</p>
Links	https://www.freiwilligenmesse.at/ https://www.instagram.com/freiwilligen_messe/ https://www.facebook.com/Freiwilligenmesse
Photos	

⁷ "YouthWiki." *Raising Awareness about Youth Volunteering Opportunities* | YouthWiki. Available at: <https://national-policies.eacea.ec.europa.eu/youthwiki/chapters/austria/26-raising-awareness-about-youth-volunteering-opportunities>.

⁸ "Fortbilden." *Verein Freiwilligenmessen*, 13 Sept. 2021. Available at: <https://www.freiwilligenmesse.at/fortbilden/>.



Youth volunteering good examples	
Country	Austria
Organisation	Vienna University of Economics and Business 
Title	Volunteering@WU Programme
Target group	WU Students (age group 18-30)
Description	<p>Within the framework of Volunteering@WU, the service-learning initiative “Lernen macht Schule” was established in 2010 in cooperation with Caritas Vienna and REWE International AG. WU students are encouraged to volunteer as study buddies, music buddies, or sports buddies to support kids through this initiative.</p> <p>Study Buddies Study buddies volunteer weekly in social facilities run by Caritas Vienna (e.g. accommodation for asylum-seeking families, mother-child-homes, counseling centers) and the Austrian Red Cross. They help children with their schoolwork, study for tests, and engage in joint leisure activities. Additionally, study buddies can chaperon in field trips, tours, or workshops with the kids. These activities aim to strengthen the relationships between the tandems and promote the development of skills on both sides.</p> <p>Music Buddies Music buddies co-participate in a choir with approximately 20-30 children. Under the artistic direction of the Caritas initiative “Brunnenpassage,” music buddies meet with the kids weekly to rehearse for several different performances.</p> <p>Sport Buddies Students can volunteer as sports buddies at a holiday camp for children each summer in the Austrian mountains. Students are in charge of planning and offering various social and physical activities during this camp (swimming, ball games, dancing, or hiking). Students have been deemed role models for a healthy lifestyle and are responsible for the children. Both sides gain intensive learning experiences throughout this one-week adventure.</p> <p>Training, supervision, and recognition Students receive preparatory courses spanning several days to support them in their fieldwork within all programs. By working with the children, students discover their abilities and their limits and are challenged to develop interpersonal and social skills. Accompanying supervision and coaching sessions during the programs provide volunteers with additional support, stimulating reflection, and further self-development⁹.</p>

⁹ “Wu (Vienna University of Economics and Business).” *Wirtschaftsuniversität Wien: Volunteering@WU - Volunteering, Support, and Honors Programs - Bachelor's Student Guide: German-Taught Programs*. Available at:





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Links	https://www.wu.ac.at/en/students/my-program/bachelors-student-guide/volunteering-support-and-honors-programs/volunteering https://www.facebook.com/wu.wirtschaftsuniversitaet.wien https://www.instagram.com/wuvienna/ https://www.youtube.com/user/wuvienna https://www.linkedin.com/school/wu-wirtschaftsuniversitaet-wien/
Photos	  

[https://www.wu.ac.at/en/students/my-program/bachelors-student-guide/volunteering-support-and-honors-programs/volunteering.](https://www.wu.ac.at/en/students/my-program/bachelors-student-guide/volunteering-support-and-honors-programs/volunteering)



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Youth volunteering good examples	
Country	Austria
Organisation	 <p style="text-align: center;">DON BOSCO</p> <p>Don Bosco Volunteers Austria</p>
Title	Europäisches Solidaritätskorps/Volunteering in Austria
Target group	Young People
Description	<p>„Don Bosco Volunteers Austria“ is an Austrian organization offering volunteering opportunities over the course of ten months. The initiative focuses on education, social work, youth, and pastoral care. Volunteers can contribute to the host affiliated institutions by supporting the educational programs, leisure activities, community building, public relations, or charity events.</p> <p>One of these initiatives is 'Don Bosco Schulen Vöcklabruck'. The establishment includes 28 Salesian Sisters, 100 staff members, and approximately 650 pupils, in dire need of volunteers. The institution consists of numerous buildings, such as a high school and a café. There youth leadership programs and projects for disadvantaged youngsters are encouraged. In addition, volunteers can work with disenfranchised youth and encourage them to be creative. Among the activities, worth-mentioning is offering support in activities of school pastoral (café, leadership programs, events), the Playbus project (which takes place every Friday), aid in charity and formation events and public relations, Assistance for elderly people, and daily duties in the community.¹⁰</p>
Links	<p>https://volunteers.donbosco.at/de/home/europaeisches-solidaritaetskorp-volunteering-in-austria.html</p> <p>https://www.instagram.com/dbsvbruck/</p> <p>https://www.youtube.com/channel/UC8ksL-B8HtFcQMF41HKtiDQ</p> <p>https://www.facebook.com/Don-Bosco-Schulen-V%C3%B6cklabruck-357758281005212/</p>
Photos	

¹⁰ „Europäisches Solidaritätskorps/Volunteering in Austria.“ *Don Bosco Volunteers - Freiwilliges Engagement in Österreich*. Available at: <https://volunteers.donbosco.at/de/home/europaeisches-solidaritaetskorp-volunteering-in-austria.html>.

Youth volunteering good examples	
Country	Austria
Organisation	 Austrian Youth Strategy Federal Ministry- Austrian Youth Strategy  <small>Bundesministerium für Wirtschaft, Familie und Jugend</small>
Title	Participation and Initiative
Target group	Young people
Description	<p>Austria benefits from a longstanding tradition of volunteering, which translates into the youth having the opportunity to take initiative¹¹. To counter the limited recognition of skills acquired from volunteering – via non-formal or informal pathways – by the formal education system or by employers, the area of Participation and Initiative aims to improve the political and social participation of young people and devising a more contemporary recognition and incentive system for taking the initiative to do voluntary work.¹²</p> <p>The recommendations for achieving that target are to give young people a bigger voice, to help publicise existing participation projects and to further the education concept of “modern participation” for multipliers¹³.</p>
Links	https://www.bmbwf.gv.at https://m.facebook.com/profile.php?id=142744795795967 https://www.youthpolicy.org/national/Austria_2013_Youth_Strategy.pdf
Photos	

¹¹ Austria 2013 Youth Strategy. Available at: https://www.youthpolicy.org/national/Austria_2013_Youth_Strategy.pdf.

¹² Ibid.

¹³ Ibid.

¹⁴ Source: <https://aiesec.at/category/global-volunteer/>



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Youth Volunteering Good Examples in Turkey



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1 st Practice Identification	
Title	Community Media Volunteering
Organisation	Science and Human Foundation 
Country	Turkey and Austria
Geographical scale	International
Target group	Young people of disadvantaged background, especially those living in areas with high unemployment rate and of minority background. Also, the project aims youth workers working with the above-mentioned young people and any young people interested in social and community media.
Volunteering field	Education and Media
Implementation period	July 2019 – June 2021
Practice Description	
Problem addressed	Insufficient communication among young people in Europe is a growing problem in the recent years especially in online medium. Knowledge and competence of using social media for engagement of youth is lacking both or youth and youth workers.
Mission and objectives	Developing and assuring young volunteers' community media into civil society. The project designed and implemented community media approaches and tools to create grassroots community development transfer to young volunteers. Sharing educational approaches as youth volunteers community media models, exchanging good practices in local, national and European levels and empowering young people's active membership of local communities (municipalities, neighborhoods, disadvantaged communities etc) and guide young people through a training process, Empower youth workers with tools and approaches that are suitable for their localities and help them adapt to the digital aspect of youth work.
Participation/attendance	Young people, Youth Workers
Activities that took place	A cross country survey aiming to analyse the needs of youth on active participation in volunteering activities along with skills and knowledge regarding community media development. Development of a training curriculum for community media training. Development of a complete pedagogical training methodology



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	<p>An open online learning platform for the target audience</p> <p>Animation videos on the project outputs</p>
Key actors involved	<p>Ministry of Youth and Sports in involved countries</p> <p>Municipalities, local youth centres and youth centres of universities</p> <p>Local, national and international NGOs working with youth</p>
Funding sources (if applicable)	European Commission Erasmus+ Programme
Results and Transferability	
Results achieved	<p>A community media training scheme with learning outcomes, literature review and a pedagogical framework.</p> <p>A community media volunteering training toolkit</p> <p>A comprehensive survey study with findings on the needs of youth and youth workers on community media training and skills.</p> <p>An open online learning platform for the target audience with course modules and certification</p> <p>Whiteboard animation videos on the project outcomes</p> <p>Self-assessment mobile application</p>
How the target group benefited from this action	<p>The programme provided young people in the project countries with tools to develop their knowledge and skills on community media establishment in their localities, while also raising awareness on the importance of community media and volunteering in the active participation of youth.</p>
Elements that make this practice transferable to other fields/countries	<p>The training curriculum, the online application and the open online learning platform can be translated into local languages of different countries and can be used as a training material. Also, the findings of the survey can establish a ground for future academic studies in different countries on media studies and youth volunteering.</p>
Other	
Links	https://www.gonullugenclik.com/en/home/
Photos	 



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2 nd Practice Identification	
Title	Youth Leadership Training Programme
Organisation	TGSP (Turkey Youth NGOs Platform) 
Country	Turkey
Geographical scale	National
Target group	Young people aged between 21-27 actively volunteering at youth centers, dormitories and universities from various cities across Turkey.
Volunteering field	Education and training
Implementation period	20 December 2020 – 26 June 2021, ongoing with new participants
Practice Description	
Problem addressed	The turnover rates of volunteers at youth centres along with the long-term sustainability of youth groups are at risk due to lack of competence and skills on management of volunteering and organizational leadership in those entities.
Mission and objectives	Developing skills and competence of youth centers and youth groups for maintaining and supporting the structure within their units. Enhancing organizational leadership competence in youth centers and youth groups to maintain their structure, quality of work and develop their capacities.
Participation/attendance	5 phased activities, with preparation, training, internship and follow up
Activities that took place	Participants first goes through a virtual “reading” phase where they are developing a pre-training knowledge on the topics covered. Then participants attend a comprehensive leadership training where they build knowledge and skills upon their pre-existing leadership knowledge of the reading phase. Followingly, they receive follow-up seminars where they analyse leaders on the field of their interest. Finally, they go through an internship and mentoring period where they practice their newly-gained skills and competences on the field and receive mentoring from an experience youth leader.
Key actors involved	Youth Centres, Youth groups, NGOs and Ministry of Youth and Sports
Funding sources (if applicable)	Ministry of Youth and Sports



Results and Transferability	
Results achieved	<p>Boosted knowledge of participants on leadership and organizational sustainability</p> <p>Increased skills and competence of participants team work, management, guidance and leadership</p> <p>Enhanced motivation of participants on establishing youth groups and planning long-term aims, mission and vision for their structures.</p>
How the target group benefited from this action	<p>The target group, through the trainings, mentoring period and internship were able to learn the expected outcomes of the project and had the chance to practice the learned items on the field. The organizational capacities of youth centres and youth groups were also increased through the programme.</p>
Elements that make this practice transferable to other fields/countries	<p>Reach to Recovery International (RRI) serves as an umbrella organisation for other organisations that work in their own countries or communities to improve the quality of life of individuals affected by breast cancer, including families, through peer support, advocacy, and peer navigation. RRI is committed to assisting its members through a broad range of services offered worldwide.</p> <p>The program offers a leadership and organization skills to youth leaders of 21-29 years of age. The module that is developed can be transferred to leadership development of high schoolers that are willing to set-up and manage volunteering clubs within their schools. In addition, through adjustments on the curriculum and content, the programme can be applied to managers of local youth centres and youth NGOs that are willing to increase their organizational capacities.</p>
Other	
Links	<p>https://tgspliderlik.com/</p> <p>https://www.facebook.com/tgsptr/</p>
Photos	



3 rd Practice Identification	
Title	Research on Right Based Work Perception of Youth Workers in Turkey
Organisation	Pi Youth Association 
Country	Turkey
Geographical scale	National
Target group	Youth workers and Youth leaders
Volunteering field	Youth
Implementation period	2020
Practice Description	
Problem addressed	When examined, the attributes and values of youth workers tend to be satisfactory in terms of human rights, equality and solidarity. However, it is also observed that the ability to transfer these values to the young people they work with seems obstructed by a number of reasons. This situation not only affects the effectiveness of youth work practices on the field, but also creates a distance between youth workers and the young people they work with and renders youth work and volunteering among young population less popular.
Mission and objectives	By analysing the needs, interests and social background of the young people in different parts of Turkey along with a general attributes that youth workers have, the study aims to understand the main reasons that affect the effectiveness of youth work practices in Turkey along with coming up with recommendations towards youth work, volunteering management, youth worker training and policy making.
Participation/attendance	The study was conducted on 248 youth workers and youth work organizations across Turkey
Activities that took place	The project surveyed 248 youth workers across Turkey and mapped out the profile of youth workers in Turkey In line with that, the project organized 2 conference for exchange of practices in the light of the findings of the study
Key actors involved	Youth NGOs, Municipalities, Local Youth Centers, Ministry of Youth and Sports
Funding sources (if applicable)	European Union Funds
Results and Transferability	
Results achieved	The project produced a study report on youth work and youth work organizations' capacities on rights-based approaches in their youth work practices. In addition, through the conferences



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	organized, knowledge and skills of youth organizations and youth workers were increased. In addition, public awareness on rights-based approach in the youth work was raised.
How the target group benefited from this action	Through the study report and conferences, youth workers and youth organizations were able to understand the rights-based approach in youth work and learned more about on the topic. Also, they were able to exchange good practices on the rights-based approach in youth work.
Elements that make this practice transferable to other fields/countries	A similar programme with adapted survey and study report can be applied to volunteers of informal youth groups and university youth clubs in a smaller scale to analyse, understand and develop university-based volunteering in Turkey. Also, an adapted version can also be applied to high school teachers and counsellors to understand their perception of youth work and rights-based approach in curricular and extracurricular activities.
Other	
Links	https://www.stgm.org.tr/sites/default/files/2020-12/saha-arastirmasi-analiz-raporu-27-kasim-2020.pdf
Photos	<p>Resim 3: İnsan Hakları Kavramına Yönelik Bölgeler Arası Tanımlar</p>



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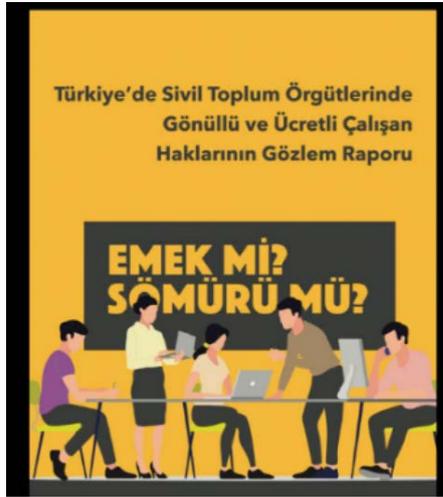
4 th Practice Identification	
Title	Volunteer and Employee Workers' Rights in Turkey's Civil Society Project
Organisation	Universus Social Studies Center  <i>Bir araya getirilmiş, yekpare!</i>
Country	Turkey
Geographical scale	National
Target group	Young volunteers and youth workers
Volunteering field	Social inclusion
Implementation period	October 2020
Practice Description	
Problem addressed	NGO's play a key role in widening the values of democratic culture and Human Rights across a society. However, structural problems in NGOs, especially in Youth NGOs which is crucial in activating young people in democratic life can hinder this process. There is a lack of resource and literature regarding the problems, solutions and recommendations to democratic practices in youth NGOs, where, as is required by their own nature, there should be full transparency, equality and solidarity within their structures
Mission and objectives	By organizing a meeting with attendance of representatives of NGOs, youth workers and volunteers, the project aims to increase the capacity of NGOs on democratic practices, develop volunteers and youth workers understanding of democratic work culture, raise public awareness on democratic values in the work-place and finally help organizations transform their structures into a more humane, democratic and equal workplaces.
Participation/attendance	58 youth workers and volunteers
Activities that took place	A meeting that is consisted of 4 sessions on different aspects of conditions and democratic values in NGOs
Key actors involved	NGOs, Foundations, Municipalities, Youth Centers, Youth Clubs, Youth Groups
Funding sources (if applicable)	Not applicable
Results and Transferability	
Results achieved	Increased knowledge on the rights and values of working conditions in NGOs for volunteers and professional workers. Developed competences of youth workers and volunteers in



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	<p>building an equal, solidarity-based working atmospheres in organizations</p> <p>Increased public awareness on democratic decision making and human working conditions in organizations.</p> <p>A detailed report on the monitoring of the conditions of youth workers and volunteers.</p>
How the target group benefited from this action	Participants were able to share their experiences regarding the working conditions and democratic structure within their own experiences. They also had a chance to learn from the experience of others and they increase their competence on establishing an equal and humane working condition in their workplace.
Elements that make this practice transferable to other fields/countries	The project can be applied in an international scale where experts can have a comparative view on the conditions of volunteers and youth workers and can offer exchange of good practices and recommendations for policy makers to increase the situation in their countries.
Other	
Links	https://www.stgm.org.tr/en/e-library/monitoring-report-volunteer-and-employee-workers-rights-turkeys-civil-society
Photos	



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5 th Practice Identification	
Title	Youth Work Academy
Organisation	Toy Youth Association 
Country	Turkey
Geographical scale	National
Target group	Young youth workers and youth leaders
Volunteering field	Professional development of youth workers and youth leaders
Implementation period	18 Months, June 2019 – December 2020
Practice Description	
Problem addressed	In general, youth work practices in Turkey are lack of rights-based approach along with incapacity of NGOs on the organizational level. In addition, several research show that the level of participation of young people in decision making processes in their localities is low, and youth workers are in need of awareness, knowledge and competence regarding processes on involving young people in decision making processes.
Mission and objectives	Increasing knowledge of youth workers and youth leaders on rights-based approach in youth work, Increasing awareness in youth workers regarding the importance of youth participation in social, economic and political life. Increasing the organizational capacities of partner organizations of the project through exchange of methods and good practices. Enhancing public awareness about the needs of youth workers and recognition of youth work.
Participation/attendance	Young people aged 18-35
Activities that took place	Two residential and two online intensive trainings with youth workers and youth leaders on rights-based approach, youth work in Turkey and on the international level and methods sharing. In addition, the project had a number of focus group studies and surveys for the nation-wide report on the needs of the youth workers in Turkey and developed a visual toolkit for youth workers.
Key actors involved	NGOs, local youth centres and municipalities
Funding sources (if applicable)	A national foundation (Sabanci Foundation)
Results and Transferability	
Results achieved	A visual toolkit for youth workers along with the nation-wide report on the analysis of the needs of youth workers in Turkey were created. In addition, over 25 participants took part in the



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	intensive trainings of the project and shared the new methods and learning outcomes of the project with their organizations.
How the target group benefited from this action	Young youth workers had the chance learn more about rights-based approach through a mix of different methods in non-formal learning. In addition, they had a chance to try out different methods of non-formal education and shared their experiences with the other youth leaders and youth workers and exchanged good practices. Further, youth workers and youth leaders across Turkey had a chance to access those methods through the visual toolkit produced within the project.
Elements that make this practice transferable to other fields/countries	This practice can be applied in a level where it aims on training of young volunteers that are stepping inside the volunteering world and can offer trainings and visual material for possible activities that can be applied by the volunteers themselves while working with different groups. In addition, a nation-wide analysis can be created for the needs and interest of young volunteers in Turkey or in any other country.
Other	
Links	https://www.sabancivakfi.org/ekimzamani2020/genclik-calismalari-akademisi.html https://www.toygenclik.org/genclik-calismalari-akademisi-egitim-kamplari-sona-erdi/
Photos	



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6 th Practice Identification	
Title	Youth Worker Education Program as Part of VOLU.M.E. Project
Organisation	IYACA (International Youth Activity Center) 
Country	Turkey
Geographical scale	National and International
Target group	Youth Leaders from NGO's, informal youth groups and university student clubs who want to become youth workers as professionals.
Volunteering field	Youth Work Training
Implementation period	12 days in November 2019, as part of a two year project
Practice Description	
Problem addressed	Even though the number of young people is relatively high in Turkey, the participation of youth in social, economic and democratic matters is relatively low compared to other countries. In addition, there is a lack of competence in NGOs working with youth with regards to motivate and activate young people in decision-making process in their societies.
Mission and objectives	Increase youth participation in decision making processes along with enhancing capacities of youth NGOs on the youth participation through promotion of volunteering. Smoothering the volunteering experience for young people as a way to activate them in their environments Boosting motivation in youth for volunteering activities through use of variety of non-formal methods
Participation/attendance	150 young people took part in the intensive 12 days training on the development of skills in volunteering along with youth participation and youth work.
Activities that took place	An intensive training course for young people on youth participation, volunteering skills and youth organizations. In addition, within the scope of the project VOLU.M.E. a national survey was developed to assess the situation of volunteering among young people in Turkey along with transnational meetings with partners from different countries to develop the results and exchange ideas.
Key actors involved	National and international youth NGOs, ministry of Youth and Sports, and municipalities, university student clubs
Funding sources (if applicable)	Erasmus+ program



Results and Transferability	
Results achieved	Within the intensive training, participants' awareness on volunteering, youth policies in Turkey and Europe and youth participation issues were raised. In addition, participants' knowledge and competence on youth leadership, volunteering and promotion of active participation of young people were increased. In the scope of the project VOLU.M.E., a volunteering map of Turkey, a policy report on developing volunteering among young people in Turkey, a training portal for young people to develop their volunteering skills and volunteering management training module were created.
How the target group benefited from this action	Youth leaders and young youth workers were able learn more about and develop their competences on youth participation, youth policies and organizational structure of youth organizations. In addition, youth leaders and youth workers in general were able to increase their knowledge, skills and competences on volunteering management and youth organizations and youth groups organizational capacity was increased.
Elements that make this practice transferable to other fields/countries	The intensive training course can be applied in different countries in Europe and the World. Also, an adapted version of the training course can be applied to high schoolers for raising awareness on volunteering and youth.
Other	
Links	http://www.iyaca.org/genclikcalisaniegitimi/ https://www.ilabour.eu/news/volu-m-e-volunteering-management-enhanced-projects-transnational-project-meeting-was-held-in-ankara-turkey-on-17-19-december-2021/
Photos	

7th Practice Identification



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Title	Non-Formal Education As Important On ERASUS+
Organisation	System and Generation NGO
Country	Turkey
Geographical scale	International
Target group	Young youth leaders and Youth workers
Volunteering field	Volunteering management and youth work
Implementation period	8 days training course in October 2015
Practice Description	
Problem addressed	Even though in the recent years, activities focusing on young people and their participation actively in the society is on the rise, the competence and knowledge of methods of youth leaders and youth workers is relatively low. Therefore, there is a need for a training material and practical experience of innovative methods for youth leaders and youth workers working with youth and managing their volunteering process.
Mission and objectives	The project aims to utilize the experience and background of its participants and facilitate the exchange of good practices among different countries, while developing the competence of youth leaders and youth workers on volunteer management and youth work.
Participation/attendance	25 young youth leaders and youth workers participated in the training course and the development of the training brochure with methods.
Activities that took place	An 8 days training course took place where youth leaders and youth workers were trained in youth work and volunteer management methods. Also, with the help of organizations taking part in the training, a brochure with different methods used in youth work and volunteer management were developed.
Key actors involved	Youth NGOs and youth centers
Funding sources (if applicable)	Erasmus+ program
Results and Transferability	
Results achieved	177 young female university students will be trained as Leaders and will take action for gender equality, organizing holistic empowerment seminars for 50 young women each. This will create a network of 9,000 women aged 18-35 who will participate in empowerment actions in 15 cities around 25 young people were trained on youth participation, organizational structures of NGOs and effective volunteer



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	management and youth policy making. In addition, under the scope of the project, a brochure with methods and approaches used in youth work practices were developed with the help of young people and their organizations, reflecting the diversity of different realities in youth work.
How the target group benefited from this action	The target group, as young people getting ready for being youth leaders and youth workers, developed their competences on youth participation, non-formal education methods and volunteering management throughout the training course. Also, organizations taking part in the project were able to increase their capacity in terms of youth work practices and volunteer management.
Elements that make this practice transferable to other fields/countries	A similar project can be applied in different countries or localities where there is a lack of knowledge or capacity in volunteer management and volunteer management.
Other	
Links	http://www.systemandgeneration.com/uploads/files/NFE.pdf
Photos	



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8 th Practice Identification	
Title	The 5 Pass Campaign
Organisation	System and Generation NGO 
Country	Turkey
Geographical scale	National
Target group	Young people willing take part or already taking part in volunteering activities.
Volunteering field	Rewarding and recognition of volunteering
Implementation period	6 months, from December 2019 to June 2020
Practice Description	
Problem addressed	Young people today are often facing isolation when it comes to actively taking part in the society in terms of social, economic and democratic lives. Volunteering, as a way to help young people actively take part in their societies is a great method that is used with young people, however, recognition of volunteering and skills developed through the volunteering process bears and utmost importance to motivate young people to volunteer and promotion of volunteerism. However, lack or shortage of tools in recognition of various volunteering activities presents a challenge to widening of volunteering activities among young people.
Mission and objectives	By developing a set of “passes” that are either already existing or created through the project, the project aims to: Boost the motivation of young people to take part in various volunteering activities and develop their soft skills, Raise awareness about the benefits of volunteering among young people and public. Promote volunteering activities as a way to help young people become active citizens in economic, social and democratic life.
Participation/attendance	Young people volunteering within the NGO and all young people that are interested in volunteering activities.
Activities that took place	A set of volunteering “passes” was developed through using the existing ones such as the Youth Pass of ESC program or new ones were created such as “fair play pass”, “Virtual Debate Pass”, “Intern Pass” and “VoluntPass”. AA public awareness campaign was drafted by the youth workers in the organizations and volunteers taking part in different activities of the organization were awarded with one or multiple of the passes



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	mentioned above.
Key actors involved	Not applicable
Funding sources (if applicable)	Not applicable
Results and Transferability	
Results achieved	Through the set of passes developed, the volunteering processes and recognition process were gamified and the number of volunteers participating in the volunteering activities was increased. Also, through the communication campaign, public awareness on volunteering as a way of participation on social, economic and democratic life was raised.
How the target group benefited from this action	Young volunteers' motivation and engagement with volunteering activities increased and consequently, their skills, awareness on societal issues and active participation in their societies were increased as well.
Elements that make this practice transferable to other fields/countries	A similar program that is smoothening the recognition of volunteering processes and skills gained during volunteering in a bigger scale involving public service actors (universities, ministries, municipalities etc.) can be developed to widen the promotional activities on volunteering and setting norms on recognition of volunteering.
Other	
Links	http://www.systemandgeneration.com/en/projects/the-5-pass-initiative
Photos	



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9 th Practice Identification	
Title	Training of Trainers on Career Counseling For Youth
Organisation	Youth Work Association 
Country	Turkey
Geographical scale	International
Target group	Youth Workers and Youth Leaders
Volunteering field	Career Counseling and Development
Implementation period	9 days of training in March 2020
Practice Description	
Problem addressed	In the recent years, the rate of unemployment among young people is on the rise in Turkey. In 2019, the rate of unemployment was 13.7, making it 2.7 higher than the previous year. In addition, there is a lack of materials and methods that can be used in career counselling for young people.
Mission and objectives	By training youth leaders and youth workers on career counseling, the project aims to increase the knowledge and competence of career counseling youth work practitioners with innovative methods Equip youth leaders and youth workers with practical experience in career counseling Promote the career counseling practices within youth organizations.
Participation/attendance	25 people from different countries and backgrounds took part in the training as youth leaders and youth workers interested in or working with young people on career counseling.
Activities that took place	A training course aiming at developing competence and knowledge of youth workers and leaders on career counselling for young people was held. A guide for career management was created with the participants and organizations taking part in the project.
Key actors involved	NGOs, University career center, municipalities.
Funding sources (if applicable)	Erasmus+ program
Results and Transferability	
Results achieved	25 youth leaders and youth workers were trained as trainers on career counseling for youth. A career counseling guidebook was developed A number of visits to university career centers and entrepreneurship centers were held and experience sharing was actualized.





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How the target group benefited from this action	Participants raised their knowledge and skills on career counseling to youth. Also, participants learned about use of non-formal education methods in career counseling services. Organizations working with youth became available to benefit from the guidebook created with experience and expertise of different organizations included in the project.
Elements that make this practice transferable to other fields/countries	A project training teachers of high-school on entrepreneurship and career counseling for high schoolers can be designed. In addition, the project can be adapted in a way that it can be applied within the career centers of different universities in Turkey or any other country.

Other

Links <https://youth.org.tr/kariyer-yonetimi-egitmen-egitimi/>

Photos



10 th Practice Identification	
Title	Increasing Social Effectiveness Through Innovative Methods and Tools in Non-formal Education-based Youth Work
Organisation	Mozaik Human Resources Development Organization 
Country	Turkey
Geographical scale	International
Target group	Youth workers
Volunteering field	Recognition of volunteering, Innovation in Youth Work
Implementation period	2 years, January 2020 to December 2022
Practice Description	
Problem addressed	The youth work practices in Turkey and many countries across Europe is struggling with sustainability issues, especially after the times of Covid due to lack of digitalized and innovative methods adapted into the youth field. In addition, volunteering practices of young people also needs to be reviewed with lenses innovation and digitalization after the pandemic, Finally, the recognition process of skills gained through the volunteering experience bears an utmost importance in promoting volunteering among young people.
Mission and objectives	The project, by equipping youth workers with skills and competences through the developed outcomes, aims to: Smoothen the recognition process of skills gained through volunteering and promote volunteerism among youth. Boost innovative processes in youth work through developing results via youth work methods and tools. Increase organizational capacities of institutions and organizations working with young volunteers. Promote volunteering among youth
Participation/attendance	The project was attended by more than 100 youth workers and youth leaders in different phases of the project such as the focus groups, pilot trainings and development of the study report.
Activities that took place	The project developed a survey and a report in Turkey and other countries taking part in the project about the realities and needs of youth workers and youth organizations. Then, through intensive research and experience sharing, the project developed





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	<p>a curriculum and a training portal for training of innovative practices in youth work. Followingly, the project consortium created a handbook for the recognition of skills gained through the volunteering process through various focus group studies with experts and practitioners. Finally, the project organized a number of trainings in Turkey and in other countries regarding the learning outcomes and project outcomes.</p>
Key actors involved	Youth institutions and organizations, municipalities, local youth centers, ministry of youth and sports
Funding sources (if applicable)	Erasmus + program
Results and Transferability	
Results achieved	<p>A study report on needs of youth and youth work was developed.</p> <p>A training module on approaches and methods used in youth works was created.</p> <p>Training videos on blended learning methodologies in youth work were produced.</p> <p>Guidelines on policy making in the field of youth, mapping of youth work needs in countries and youth volunteering recognition were developed.</p>
How the target group benefited from this action	<p>Youth workers and youth organizations struggling with appropriate methods and approaches suitable for the post-Covid19 period were able to equip themselves with innovative and field-informed tools and methods through the training. In addition, youth workers and organizations were supported with recognition guidelines that will help them with the volunteer management and promotion of volunteering in their locals. Finally, the target group was trained on different modes and methods of post-Covid19 youth work realities and became ready for the future.</p>
Elements that make this practice transferable to other fields/countries	<p>A similar approach can be used for training youth leaders with innovative and digital methods that can be used within youth groups. Also, considering the university career counseling services, an adapted version of the program can be performed with universities as well.</p>
Other	
Links	https://inno4impact.eu/
Photos	



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Youth Volunteering Good Examples in Slovenia



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1. Practice Identification

Title	National Volunteer Week
Organisation	Slovenian philanthropy, Volunteer Promotion Association 
Country	Slovenia
Geographical scale	National
Target group	Volunteers
Volunteering field	All fields (social services, education, human rights, disaster relief, migrant assistance etc.)
Implementation period	23. – 29. 5. 2022 (traditional every year)

Practice Description

Problem addressed	Between 23 and 29 May 2022, Slovenian Philanthropy traditionally organizes the 23rd National Volunteer Week, the purpose of which is to CELEBRATE volunteering and voluntary organizations, THANKS volunteers for their participation and raising awareness of the general public about the role and importance of volunteering. For this purpose, various events will take place in Slovenia.
Mission and objectives	The purpose of the event is to present volunteer organizations to visitors, entertainment and pleasant socializing of volunteers. Happy Volunteer Day is informative as well as fun and interactive. It is a presentation of the activities of voluntary organizations (animations, puzzles and tasks for visitors, performances, games ...), which will take place at the stands on Prešeren Square in Ljubljana.
Participation/attendance	All people who want to work as volunteers
Activities that took place	Who are the Heroes of our time? Which municipalities are Volunteer-friendly municipalities? Who are outstanding volunteers in public administration? Who is the recipient of the title of best mentor and who is the recipient of the title of best mentor to volunteers? What is the best volunteer story?



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Funding sources (if applicable)	
Results and Transferability	
Results achieved	Promotion of volunteer work, encouraging young people to volunteer
How the target group benefited from this action	It is important from the point of view of encouraging the voluntary work of young people, in order to gain experience, also a kind of work experience for the future.
Elements that make this practice transferable to other fields/countries	Good practice is feasible and easily transferable to all countries.
Other	
Links	www.filantropija.org www.prostovoljstvo.org www.fmf-slovenija.si
Photos	



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2. Practice Identification

Title	RAST
Organisation	Ministry of Public Administration of the Republic of Slovenia  REPUBLIC OF SLOVENIA MINISTRY OF PUBLIC ADMINISTRATION
Country	Slovenia
Geographical scale	local, regional, national
Target group	Youth organisations
Volunteering field	Growth and promotion of organized youth work. Youth work in youth organizations at the local level is often the first stimulus for social engagement of young people in various fields and in the immediate and wider environment, so our goal is to establish new forms of local youth organization and promote involvement in youth organizations at the local level volunteering.
Implementation period	<i>n/a</i>
Practice Description	
Problem addressed	An effective system of coordination and support for volunteers in a youth organization. Large, national youth organizations are gradually going beyond the framework in which volunteers can provide all the coordination, mentoring, training and other support to volunteers, so our goal is to professionalize with staff and a developed system in this area.
Mission and objectives	Development of a system of coordination and support for volunteers: <ul style="list-style-type: none"> • Renovation of the training system for volunteers, coordinators and mentors • Research on youth communication patterns • Preparation and implementation of a communication strategy for various target groups with the aim of sustainable provision of volunteer staff in youth work at the local level • Supporting local youth organizations in coordinating and mentoring volunteers
Participation/attendance	<i>n/a</i>
Activities that took place	Strategic document with the described integrated system of coordination and support to volunteers <ul style="list-style-type: none"> • Trained coordinators and mentors for volunteers • Training for youth leaders (volunteers), coordinators, mentors • Handbook for leaders (coordinators, mentors) and online database of materials • Research on youth communication patterns and a comprehensive





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	communication strategy
Funding sources (if applicable)	
Results and Transferability	
Results achieved	Establish effective support and coordination of volunteers in the national youth organization. Ensure sustainable recruitment and training of volunteers for organized youth work at the local level.
How the target group benefited from this action	Establishing effective communication with volunteers and other target groups that have an impact on strengthening youth work and volunteering.
Elements that make this practice transferable to other fields/countries	This practice is easy transferable to other countries.
Other	
Links	https://skavti.si/rast
Photos	



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3. Practice Identification

Title	PUM project learning for young adults
Organisation	Employment Service of the Republic of Slovenia  Zavod Republike Slovenije za zaposlovanje
Country	Slovenia
Geographical scale	local, regional, national
Target group	Young people over 15 years of age and under 26 years of age, who: <ul style="list-style-type: none"> • dropped out of school and are registered with us as unemployed or • are registered with us among other job seekers.
Volunteering field	Education
Implementation period	2 years max.
Practice Description	
Problem addressed	
Mission and objectives	Main activities: not to be forgotten, that you are doing something interesting, to learn something new, to unleash your imagination, to develop your skills, to assert yourself and prove yourself, to make something out of yourself.
Participation/attendance	
Activities that took place	Main activities: socialize and collaborate with peers, spend your time creatively, decide on your future and profession, prepare for reintegration into education or employment.
Funding sources (if applicable)	State budget
Results and Transferability	
Results achieved	Active integration of young people in society.
How the target group benefited	Preparation for job, employment. Gain social and communication





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from this action	skills.
Elements that make this practice transferable to other fields/countries	It is easy to transfer to other fields and countries.
Other	
Links	https://www.ess.gov.si/iskalci_zaposlitve/programi/usposabljanje_in_izobrazevanje/pum-o
Photos	



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4. Practice Identification

Title	PREHOD (transition)
Organisation	Ministry of Labor, Family, Social Affairs and Equal Opportunities  REPUBLIKA SLOVENIJA MINISTRSTVO ZA DELO, DRUŽINO SOCIALNE ZADEVE IN ENAKE MOŽNOSTI
Country	Slovenia
Geographical scale	national
Target group	Young people with special needs
Volunteering field	Education, Social inclusion
Implementation period	
Practice Description	
Problem addressed	The Youth Transition project is aimed at finding and developing solutions for the successful transition of young people with special needs from school to the labor market. Its main goal is to fill the gap between the school system and the employment system.
Mission and objectives	Vocational rehabilitation providers have been facing problems for many years due to the lack of a link between the school system and the employment system. Young people with special needs who leave the school system, within which they had all the necessary support and assistance, come to the employment system, where other rules apply and are often left to fend for themselves. Many of them do not register with the Employment Service of Slovenia at all. Even if they apply to the ESS, it often happens that their special needs are not identified in time, especially if there are invisible deficits that young people do not point out. As a result, they are not provided with adequate support. As a result, long-term unemployment is particularly pronounced. Secondary problems often occur during unemployment, especially in the field of mental health. Young people also lose their work potential and acquired knowledge and work habits during unemployment. As a result, they become even harder to employ. Therefore, it is essential to provide these young people with appropriate support and assistance during their schooling and to help them transition to their first job. This transition is very demanding for all young people, and especially for young people with special needs. However, if we are aware that there are around 900 to 1000 young people with special needs who are expected to have more employment problems entering the labor market, we see that this is a widespread social problem.
Participation/attendance	





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Activities that took place	The project activities also pursue the goal of promoting the social inclusion of young people with special needs, the goal of acquiring competencies that are important for integration into the labor market and the goal of raising awareness and motivating employers to employ young people with special needs.
Funding sources (if applicable)	State budet, European Social Fund
Results and Transferability	
Results achieved	Acquiring the competencies of young people with special needs and bringing them closer to the labor market, promoting the social inclusion of young people with special needs, encouraging professionals in educational institutions and parents or caregivers for the activation of young people with special needs as soon as possible, establishing a unified employment network for the transition from school to the labor market and raising awareness and motivating employers to employ young people with special needs.
How the target group benefited from this action	The Youth Transition project is aimed at finding and developing solutions for the successful transition of young people with special needs from school to the labor market and its main goal is to fill the gap between the school system and the employment system.
Elements that make this practice transferable to other fields/countries	It is easy to transfer to other fields and countries.
Other	
Links	https://www.gov.si/zbirke/projekti-in-programi/prehod-mladih/
Photos	



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5. Practice Identification

Title	Volunteering in URI - Soča
Organisation	 <p>Univerzitetni rehabilitacijski inštitut Republike Slovenije Soča University Rehabilitation Institute Republic of Slovenia</p> <p>URI-Soča</p>
Country	Slovenia
Geographical scale	local, regional
Target group	<p>Who can be a volunteer in URI - Soča? Anyone can become:</p> <ul style="list-style-type: none"> - who has free time and wants to spend it with quality, - regardless of age and employment status, - who wants to help others, - has an ear for other people, - is communicative and open in nature.
Volunteering field	<p>Scope:</p> <ul style="list-style-type: none"> - socializing with patients (talking, reading, board games, playing musical instruments, handicrafts), - escorting and transporting patients inside the building, - guiding patients and their relatives.
Implementation period	<p>It takes place in hospital wards in URI - Soča or, by agreement, in other parts of the building. At least 1 hour per week (between 14:00 and 16:30)</p>
Practice Description	
Problem addressed	<p>The importance of volunteering in URI - Soča URI - Soča is an important health institution in Slovenia, which provides comprehensive medical, psychosocial and vocational rehabilitation of children and adults, so we want to create a pleasant and quality stay for all during rehabilitation, also with the help of volunteers.</p>
Mission and objectives	<p>Why become a volunteer in URI - Soča? Because:</p> <ul style="list-style-type: none"> - make good use of your free time, - meet new people and hang out with them, - you offer help and support to others, - you gain new knowledge and experience, - you get to know and develop yourself, - you upgrade your knowledge and values, - you do something positive in someone else's life, - You contribute well for the benefit of yourself and society for a better tomorrow.
Participation/attendance	n/a
Activities that took place	<p>How to start volunteering at URI - Soča? Visit to introductory education at Slovenian Philanthropy (training@filantropija.org – information on introductory education can be found on the website</p>



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	prostovoljstvo.org). Visit to the introductory training for volunteers in URI - Soča. Final interview with the volunteer coordinator in the URI Beginning of volunteer work in URI - Soča.
Funding sources (if applicable)	n/a
Results and Transferability	
Results achieved	Beginning of volunteer work in URI - Soča.
How the target group benefited from this action	Benefits of volunteering Advantages: - new acquaintances, - flexible time for volunteering, - getting to know the employees and the work system in URI - Soča, - gaining new experience, - personal growth and satisfaction.
Elements that make this practice transferable to other fields/countries	Yes on the same field of activities
Other	
Links	https://uri-soca.si/sl/Prostovoljstvo/
Photos	



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6. Practice Identification

Title	Očistimo svoje okolje 
Organisation	youngCaritas 
Country	Slovenia
Geographical scale	local, regional, national
Target group	You need one or two volunteers to plan the event, supervise and support the volunteers, as well as some simple tools such as basket bags and gloves. You can also use this event to distribute promotional and / or awareness materials, if you have them.
Volunteering field	Environment
Implementation period	October 2021
Practice Description	
Problem addressed	Clean local environments
Mission and objectives	With this challenge, we want to unite local communities to clean, arrange and preserve the environment in which they live, and to organize social action. For groups of young people, this is an opportunity to promote the volunteer work they do and volunteering in general. We are aware of environmental issues and a clean environment throughout the year, because we want to live in a clean environment throughout the year, and at the same time we take care of animals and raise others about the culture of recycling and waste separation.
Participation/attendance	n/a
Activities that took place	Participating groups identify the area to be cleared, such as a park, forest, neighborhood or riverbed or bank. Each team meets and spends some time cleaning and arranging the selected area. In the campaign, we arrange our environment where we spend the most time and small garbage disturbs our peace and cleanliness.
Funding sources (if applicable)	
Results and Transferability	
Results achieved	Clean environment, socialising between volunteers
How the target group benefited from this action	Get skills, experiences, meet new friends
Elements that make this practice transferable to other fields/countries	Yes, this is easy to replicated.



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Other	
Links	https://youngcaritas.si/ocistimo-svoje-okolje/Cle
Photos	



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7. Practice Identification	
Title	Helping the elderly at home
Organisation	Junaki na domu (Heroes at home)
Country	Slovenia
Geographical scale	local, regional, national
Target group	Volunteers help elderly people, persons with disabilities – at their homes
Volunteering field	Social services
Implementation period	n/a
Practice Description	
Problem addressed	There are often situations when the entire care is taken over by relatives and other relatives, who often do not have the knowledge of how to take care of their neighbour properly, or are not able to do it completely on their own. Then it is important to seek professional help and support from contractors who provide quality services and can also advise you with their knowledge on how to act during their absence.
Mission and objectives	The basic purpose of providing assistance to the elderly at home in everyday tasks is to provide users with the best possible quality of life in the home environment. In this way, we replace the need for placement in institutional care, thereby prolonging the stay of individuals in the home environment. In this way, users can stay in their familiar living environment, in their home and with famous people, there individuals usually feel best, are relaxed and therefore the experience of providing help can be much better.
Participation/attendance	n/a
Activities that took place	Young volunteers offer help to the elderly at home to make it easier to perform, more or less physically demanding, daily tasks and other activities. Together we plan the course and method of implementation, the frequency of visits and create a plan of help at home, all according to your needs and abilities. The heroes at home definitely encourage independence for those services that you are still able to perform on your own.
Funding sources (if applicable)	n/a
Results and Transferability	
Results achieved	Heroes at Home are happy to help the elderly at home with daily tasks, support you in the daily routine of your life and in structuring the daily rhythm of life. We offer everything you need to make your life in your home environment as pleasant and comfortable as possible.
How the target group benefited from this action	Young volunteers offer help to the elderly at home to make it easier to perform, more or less physically demanding, daily tasks and other activities. Together we plan the course and method of implementation, the frequency of visits and create a plan of help at home, all according to your needs and abilities. The heroes at home definitely encourage independence for those services that you are still able to perform on your own.
Elements that make this practice	Yes is transferable for the support elderly people in all countries.





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transferable to other fields/countries	
Other	
Links	https://junaknadamu.si/storitve/pomoc-starejsim-na-domu-pri-vsakodnevnih-opravilih/
Photos	



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8. Practice Identification	
Title	Training of volunteers
Organisation	 <p>informiranje • svetovanje • podpora • sodelovanje Institute MISSS</p>
Country	Slovenia
Geographical scale	local
Target group	Volunteers
Volunteering field	Expertise and skills to help them work with children and adolescents
Implementation period	n/a
Practice Description	
Problem addressed	Individuals who decide to volunteer at the MISSS Institute and external collaborators of individual programs participate in the training program in the form of a seminar, which takes place in October, and monthly thematic trainings. Participants in the seminar gain expertise and skills to help them work with children and adolescents. In addition, the training is aimed at getting to know each other, exchanging experiences and practical knowledge. Participants thus gain a pleasant learning experience in a relaxed climate.
Mission and objectives	Young people in the program gain experience, expand the social network, strengthen their own competencies and increase their employment opportunities. We inform them about the possibilities of further cooperation, employment, enable them to do internships and encourage them to get involved in activist campaigns. All activities are free for users of the program.
Participation/attendance	Recruitment volunteers
Activities that took place	Regular intervision meetings for volunteers. Group meetings of volunteers take place twice a month or as needed. The purpose of the meetings is to provide support and find appropriate solutions at work, talk about successes and develop more successful forms of volunteer work.
Funding sources (if applicable)	 <p>REPUBLIKA SLOVENIJA MINISTRSTVO ZA IZOBRAŽEVANJE, ZNANOST, KULTURO IN ŠPORT URAD REPUBLIKE SLOVENIJE ZA MLADINO</p>  <p>Mestna občina Ljubljana</p>
Results and Transferability	
Results achieved	They are assisted and supported by a MISSS mentor and other volunteers who attend the meeting each time. We also offer individual help to volunteers.
How the target group benefited from this action	Young people in the program gain experience, expand the social network, strengthen their own competencies and increase their employment opportunities. We inform them about the possibilities of further cooperation, employment,



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	enable them to do internships and encourage them to get involved in activist campaigns.
Elements that make this practice transferable to other fields/countries	Easy to replicate and transfer to other countries.
Other	
Links	https://www.misss.si/programi/izobrazevanje-in-usposabljanje/usposabljanje-prostovoljcev
Photos	 Mladim prijazna organizacija



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9. Practice Identification

Title	Volunteers help the sick
Organisation	Slovenian philanthropy
Country	Slovenia
Geographical scale	local, regional, national
Target group	Today, the work of volunteers in the field of health care is an accepted and established form of assistance to patients and other people with special needs in the developed world. Slovenian philanthropy does a lot in this field.
Volunteering field	Social and health services
Implementation period	N/a
Practice Description	
Problem addressed	Volunteers most often take on the role of companion, companion, interlocutor, in short, a person who establishes a relationship with a patient, elderly person, caregiver or other person with special needs and thus at least partially contributes to the normalization of such a person's life in the institution. However, they also take on more demanding tasks, such as psychological monitoring of the dying, health education and, in part, psychosocial assistance in the broadest sense.
Mission and objectives	Working with volunteers in any way can significantly improve the quality of a hospital's overall performance. Of course, volunteers can also offer very concrete help to patients, such as small practical services (help with writing and reading, sending mail, telephoning, buying fruit, flowers, hygiene items, etc.) and monitoring the patient (walks, the way to the clinic or examination room, laboratory within the health institution).
Participation/attendance	n/a
Activities that took place	Medical institutions
Funding sources (if applicable)	
Results and Transferability	
Results achieved	To keep Slovenian hospitals open for cooperation with volunteers and to ensure that volunteering is of high quality and to everyone's satisfaction.
How the target group benefited from this action	Volunteers get necessary skills. Slovenian Philanthropy, the Association for the Promotion of Volunteering, within the Volunteering Program, continues the efforts of experts to keep Slovenian hospitals open for cooperation with volunteers and to ensure that volunteering is of high quality and to everyone's satisfaction.
Elements that make this practice transferable to other fields/countries	Transferable on the same field.





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Other	
Links	https://www.zdravje.si/prostovoljci-pomagajo-bolnim
Photos	



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10. Practice Identification

Title	Volunteering at UGM
Organisation	Umetnostna galerija Maribor Maribor Art Gallery
Country	Slovenia
Geographical scale	local
Target group	Volunteers and volunteer organizations
Volunteering field	Culture
Implementation period	n/a
Practice Description	
Problem addressed	At UGM, we want to open the museum doors wider and attract art and museum lovers to our activities, who want to be actively involved in our activities. We want to attract volunteers of all ages, who with their knowledge, experience and enthusiasm can help in our work and at the same time with their ideas and skills contribute to a richer and more diverse range of activities of our institution. Volunteers can be involved in UGM activities throughout the year, working from 4 to 6 hours per week in different departments. Volunteers and volunteer organizations are bound by the Code of Ethics for Organized Volunteering.
Mission and objectives	UGM is a museum of modern and contemporary visual art. Every year, the gallery hosts around 12 special exhibitions – from retrospective reviews of Slovenian authors to international festivals of contemporary art and architectural and design exhibitions, accompanied by guided tours, lectures, workshops and round tables. The educational program in the gallery connects different generations, individuals and educational institutions. UGM is a place for everyone!
Participation/attendance	Within the framework of UGM, volunteers can be involved in the activities of various departments in which daily work in the gallery is organized.
Activities that took place	Museum Department UGM is one of the central museums for modern and contemporary art in Slovenia with a collection of more than 3,000 works of art by Slovenian authors from the end of the 19th century to the present day. The museum department takes care of the UGM collection (painting, graphics, sculpture, photography, video art, installations, etc.). Volunteers can take part in editing documentation to get acquainted with works of art and museum work, which are often hidden from the public eye. Documentation Department In addition to the collection, the museum documentation is the backbone and the basis of any activity that deals with the collection, preservation and research of cultural heritage and is therefore vital to our institution. UGM has acquired one of the most important archival centers in the field of Slovenian modern art (around 90,000 units) and an extensive specialized library with around 18,000 library units of professional literature, exhibition catalogs and periodicals. Volunteers can take part in editing archival documentation and the library, thus





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	<p>gaining insight into the operation of the special archive and enriching their knowledge of art.</p> <p>Department of Pedagogical and Andragogical Activity</p> <p>The museum is also an educational institution, so at UGM we offer a wide range of activities from workshops, lectures, guided tours to excursions for various target groups. In the gallery we have a varied pedagogical program for children and youth. We organize art workshops, lectures, discussions, guided tours and conversations with artists for adults. Volunteers help with visitor work, provide basic information about exhibitions, participate in art workshops or prepare lectures. During their work, they get acquainted in detail with the organization of events, current exhibitions and practical art work.</p>
Funding sources (if applicable)	n/a
Results and Transferability	
Results achieved	Volunteers can take part in editing documentation to get acquainted with works of art and museum work, which are often hidden from the public eye.
How the target group benefited from this action	During their work, volunteers get acquainted in detail with the organization of events, current exhibitions and practical art work.
Elements that make this practice transferable to other fields/countries	It is transferable on the same field.
Other	
Links	http://www.ugm.si/info/prostovoljci/
Photos	



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Youth Volunteering Good Examples in Cyprus



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1.Practice Identification	
Title	Φυτεύω για το Κλίμα - I plant for the Climate
Organisation	Cyprus Youth Organization 
Country	Cyprus
Geographical scale	National
Target group	Youth & General population
Volunteering field	Ecological, Environmental
Implementation period	November 2019 - February 2020
Practice Description	
Problem addressed	The need for more trees in Cyprus as a means to combat climate change and raising awareness on respecting the environment
Mission and objectives	The planting of 70.000 forest saplings in organised areas, getting the youth more involved in environmental issues raising awareness of climate change and encouraging them to take action
Participation/attendance	Youth & general public
Activities that took place	Organisation of groups to plant trees in designated areas
Funding sources (if applicable)	The Cyprus Ministry of Agriculture provided the forest saplings to the Cyprus Youth Organization for free; Regional youth centres organised outings for their members
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • The planting of forest saplings • Enriching the cyprriot ecosystem • Raise awareness on the importance of the environment in the youth
How the target group benefited from this action	<ul style="list-style-type: none"> • Educated on climate change • Enabled the youth to take action on climate change through the practical means of planting forest saplings • Learned the proper steps of planting • Youth feeling that they contribute to the sustainability of their country • Sense of togetherness in youth and General population
Elements that make this practice transferable to other fields/countries	Trees provided by Ministry of Agriculture as well as the allocated space for the trees
Other	
Links	Κυπριακός Οργανισμός Κέντρων Νεότητας » “Φυτεύω για το Κλίμα” (cyprusyouth.org)
Photos	



2.Practice Identification	
Title	Turtle Run Volunteering project
Organisation	Cultural Workshop Ayion Omoloyiton 
Country	Cyprus
Geographical scale	Local
Target group	Youth
Volunteering field	Environmental
Implementation period	2019: Four months
Practice Description	
Problem addressed	Preserving of natural heritage in Cyprus
Mission and objectives	The mission was to involve the youth in environmental activities and to create awareness on environmental consciousness through community work
Participation/attendance	4 volunteers
Activities that took place	<ul style="list-style-type: none"> • assisting the Fishery department with newborn turtles to reach the sea • cleaning trash from side roads • cleaning trash from natural paths • working in the botanical garden of Akamas • working in the forest of Giallia • planting and preserving our natural heritage
Funding sources (if applicable)	European Solidarity Corps (ESC) & Erasmus +
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Volunteers helped newborn turtles reach the sea safely • Cleaned up coastal side roads and natural trails • Learned the holistic process of planting pine trees - from pine cones • The volunteers went to a series of schools to inform the local younger generation of the richness of the local nature and the importance of preserving it
How the target group benefited from this action	The volunteers got to experience a different culture and got to leave and work in areas surrounded by nature. They got to experience a community feeling of giving back to the local natural habitat. In addition they got to present their experience, educating the younger generation, raising awareness on the importance of preserving the natural heritage of the island and inspiring the youth to be proactive
Elements that make this practice transferable to other fields/countries	Volunteering exchange programs already exist in many countries



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Other	
Links	https://politistiko-ergastiri.org/index.php/turtle-run-volunteering-project/
Photos	  



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3.Practice Identification	
Title	«Δίνω Σκυτάλη στη Ζωή» - Pass the baton to life
Organisation	Cyprus Youth Organization 
Country	Cyprus
Geographical scale	National in 3 big cities: Larnaca, Paphos & Nicosia
Target group	Youth
Volunteering field	Social services
Implementation period	One day
Practice Description	
Problem addressed	Lack of registered bone marrow donors in Cyprus
Mission and objectives	To raise awareness about leukaemia and get the population to register as bone marrow donors
Participation/attendance	80 + youth volunteers raising awareness to general public/adults
Activities that took place	The Cypriot youth organisation mobilised youth volunteers in three different regions to set a station in a 3 hour campaign that would inform and raise awareness on leukaemia. Additionally the youth volunteers encouraged and stressed the impact one could have if they register as a bone marrow donor and encouraged the public to register in the National donor database
Funding sources (if applicable)	Regional Municipalities, Karaiskakio Foundation
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Raise awareness of Leukaemia and how one can help by being a registered donor • Through the campaign the volunteers managed to get 250 new bone marrow registrations
How the target group benefited from this action	<ul style="list-style-type: none"> • The target got to know more about leukaemia and the importance of being a donor • The target got to feel a sense of community and togetherness, coming together to advocate for a vulnerable part of our population
Elements that make this practice transferable to other fields/countries	There are bone marrow donor databases throughout Europe, such events are easy to replicate in other countries too
Other	
Links	Κυπριακός Οργανισμός Κέντρων Νεότητας » Παγκύπρια Εκστρα Σκυτάλη στη Ζωή» για ένα κόσμο χωρίς λευκαμία (cyprusyouth.org)
Photos	 



4.Practice Identification

Title	Volunteers On Tour
Organisation	PlanBe 
Country	Cyprus
Geographical scale	Local
Target group	Youth participants facing unemployment. Young people with fewer opportunities, facing economical, geographical, social obstacles, refugees, immigrants or asylum seekers (age 20-29)
Volunteering field	Educational and Cultural
Implementation period	8-28th of October 2019
Practice Description	
Problem addressed	Our cultural and our EU identity the promotion of European citizenship and friendships
Mission and objectives	Personal development, and active citizenship activities to increase cultural awareness and understanding
Participation/attendance	15 volunteers
Activities that took place	<ul style="list-style-type: none"> • Team building • Interaction with the eldest of the community • Hands-on activities such as tree planting and fruits harvesting • Entrepreneurial study visits • Workshops with local practitioners • Presentations of different practices amongst the participating countries • Activities focused on enhancing creativity and personal development of participants through a variety of games, role-plays, team-building activities, group discussions, brainstorming, and everyday reflective sessions
Funding sources (if applicable)	Youth Board of Cyprus & Erasmus +
Results and Transferability	
Results achieved	Learning hands-on agricultural skills such as tree planting and fruit harvesting and experiencing the traditional ways and production of agricultural products. The project also involved the interaction with the eldest of the community and hence contributed to bridging the intergenerational gap
How the target group benefited from this action	<ol style="list-style-type: none"> 1. Gain personal confidence through the organised workshops, having the opportunity to strengthen their team-work abilities, communication skills, leadership skills and problem solving skills. 2. Enhanced their creativity through project activities



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	<ol style="list-style-type: none"> 3. They learned the traditional ways of agricultural production. 4. Achieved bridging the intergenerational gap in the community they stayed in by interacting with the elders. 5. Experienced a different culture
Elements that make this practice transferable to other fields/countries	The need for confidence building and the development of practical skills in young people facing unemployment is a global phenomenon thus this practice would be useful in other countries and transferable to other countries through Erasmus +
Other	
Links	Volunteers On Tour Short Term – Implemented – PlanBe, Plan it Be ngo.com)
Photos	



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5.Practice Identification	
Title	Active Volunteers in Avgorou
Organisation	SKE Avgorou - Council of Community Volunteerism of Avgorou
Country	Cyprus
Geographical scale	Local
Target group	Young people
Volunteering field	Social services, human rights and educational
Implementation period	01/01/2013 - 31/06/2013 - six months
Practice Description	
Problem addressed	Racism, discrimination of sex, religion, culture, nation, need for promotion of multiculturalism and volunteerism
Mission and objectives	To promote multiculturalism and volunteerism, to fight racism, discrimination of sex, religion, culture and nation through informal learning methods
Participation/attendance	2 Young people volunteers that will be hosted and helping out in the Avgorou community
Activities that took place	Voluntary work with infants, children, youth and elderly people of the community of Avgorou, aimed at improving the living standards. Organisation of sports events and other activities. Attending seminars, workshops, community awareness.
Funding sources (if applicable)	SALTO-YOUTH, Erasmus+, European Solidarity Corps
Results and Transferability	
Results achieved	Helped and interacted with all levels of community - from infants to the elderly and help improve their standard of living. Able to have discussions and attend seminars on community awareness, racisms and social inclusion. Organisation of events that attracted the youth
How the target group benefited from this action	Their integration and acceptance from the community helped them develop the spirit of solidarity between youth, the dialogue, the reciprocal comprehension between youth from different countries and civilizations, the exchange of cultures, encouraged social cohesion which was acquired through informal learning. Had the opportunity to participate in organizing and implementing of sports events, and other activities of the Organization and partners (organizing and attending seminars, workshops, community awareness) which helped them develop their organisational and networking skills, gaining confidence and believing in their personal strengths and abilities.
Elements that make this practice transferable to other fields/countries	Through Erasmus+ such initiatives could also take place in other countries
Other	
Links	http://otlas-project.salto-youth.net/1038



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6.Practice Identification	
Title	The Re-Imagers
Organisation	PlanBe 
Country	Cyprus
Geographical scale	Local
Target group	Young people
Volunteering field	Social services, educational
Implementation period	June - December 2019 - 6 months
Practice Description	
Problem addressed	Combat consumer behaviours through up-cycling
Mission and objectives	Designing and implementing up-cycling workshops in schools and communities in rural areas
Participation/attendance	Two young volunteers (for 6 months) and twelve young volunteers (for 1 month)
Activities that took place	<ul style="list-style-type: none"> • Implementation of our Erasmus+ (KA1) projects • Organisation of daily activities of Plan
Funding sources (if applicable)	Erasmus +, Youth Board of Cyprus, European Solidarity Corps (ESC)
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Workshops and seminars on up-cycling for youngsters living in rural areas • Workshops and seminars on up-cycling in schools in rural communities • Workshops on up-cycling in local fairs
How the target group benefited from this action	<ul style="list-style-type: none"> • Learned how to design, plan and implement up-cycling seminars and workshops • Able to run long-term activities that empowered youngsters in rural communities • Learned how to plan, draft and fund workshop proposals • Learned and then promoted entrepreneurial attitudes among young people • Got to experience volunteering in a new culture as well as promote volunteering among community youth • Developed creative, social, cultural as well as soft competences • Experienced and interacted with the different cultures through this program
Elements that make this practice transferable to other fields/countries	Supported by Erasmus + and ESC thus, could easily be used in other EU countries



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Other	
Links	http://www.planbe-ngo.com/european-solidarity-corps/cyprus-opportu-re-imaginers/
Photos	  



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7.Practice Identification

Title	«Νέοι και Οδική Ασφάλεια» - Youth and Road Safety
Organisation	Cyprus Youth Organization 
Country	Cyprus
Geographical scale	National
Target group	Youth
Volunteering field	Educational
Implementation period	2019 - one day
Practice Description	
Problem addressed	The increasing number of serious car accidents in Cyprus caused mostly by: reckless driving, alcohol consumption, excessive speeding, failure to comply with maintaining the left lane and careless pedestrian movement. Research found that the age groups of 15-39 and 60+ are the main source of such car accidents.
Mission and objectives	Raise awareness and educate the youth on the importance of safe driving
Participation/attendance	Youth, and members of Local Community Youth Centres
Activities that took place	Forty-two metal signs were made and placed at the ‘entrance’ of residential community areas with the message of “ATTENTION, You are entering a residential area. Parents and children are mobile on the street. Youth Centre XXX” At the same time, informational and educational leaflets were distributed to all the Youth Centres that participated in the campaign, which briefly contain useful tips in order to inform all the residents of each community and their visitors.
Funding sources (if applicable)	Youth Board of Cyprus
Results and Transferability	
Results achieved	Forty-two metal signs were made and placed at the ‘entrance’ of residential community areas. The plates were placed by the youth that were members of the local youth centres The youth distributed the informational leaflets to drivers, members of their community and visitors of the youth centre they were a part of
How the target group benefited from this action	The youth got information on safe driving practices as well as factual information on the high numbers of severe car accidents in cyprus. They got a sense of community as they got together to advocate and learn about road safety. The youth got to feel that they are active members of contributing to the betterment and safety of their community. Learned to value the importance of voluntary community service



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Elements that make this practice transferable to other fields/countries	Partially organised by Youth Centres
Other	
Links	Κυπριακός Οργανισμός Κέντρων Νεότητας » Παγκύπρια Εκστρατεία Οδική Ασφάλεια» 2019 (cyprusyouth.org)
Photos	  



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8.Practice Identification

Title	Milestone no28: Volunteering
Organisation	PlanBe 
Country	Cyprus
Geographical scale	Local
Target group	Youth exchange
Volunteering field	Social services and educational
Implementation period	30th of August - 8th of September
Practice Description	
Problem addressed	Fighting unemployment
Mission and objectives	To improve the level of key competences and skills of young people. To further promoted volunteering and trained on volunteering creation and management project
Participation/attendance	36 young people coming from Slovenia, Spain, Czech Republic, Portugal, Poland and Cyprus
Activities that took place	<ul style="list-style-type: none"> designed and implemented of events with elderly people in the community that were isolated due to geographical obstacles Organisation of intercultural event Creation of a board where basic words and phrases in all volunteers mother tongue were visible throughout the duration of the project Specialist in Erasmus+ KA1 presented the theoretical and logistic aspects of EVS Participants helped clean elderly peoples yards and feed their livestock
Funding sources (if applicable)	Erasmus+
Results and Transferability	
Results achieved	Participants designed and implemented an event that was addressed to locals who were mainly elderly with fewer opportunities to socialise and engage with youth due to geographical obstacles, bridging the generational gap. Participants increased their communication in a foreign language and established European friendships and networks among them. In order to encourage intercultural dialogue and bonding, an intercultural evening was organised.
How the target group benefited from this action	During the intercultural evening participants had the opportunity to share and to learn some history, food or dances from each country using interacting methods. Participants increased their communication in a foreign language and established European friendships and networks among them.



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	<p>They got to attend a presentation by a Specialist in Erasmus+ KA1 who explained to them the theoretical and logistic aspects of EVS. Participants learned about programmes that Erasmus+ offers and got inspired to participate as well.</p> <p>The volunteering activities they organised for the elderly to enhance their sense of initiative and of course to increase the knowledge related to volunteering projects, management and implementation.</p> <p>Skills gained from this project improved the volunteers level of key competences that can be used in a personal and professional level to fight today's unemployment</p>
<p>Elements that make this practice transferable to other fields/countries</p>	<p>Exchange program</p>
<p>Other</p>	
<p>Links</p>	<p>Milestone no28: Volunteering – PlanBe, Plan it Be it (planbe-ngo.com) (1) PlanBe, Plan it Be it Facebook (1391) “Milestone no 28: Volunteering” youth exchange in Cyprus - Y</p>
<p>Photos</p>	



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9.Practice Identification	
Title	MORE S.Te.P(S) to Solidarity
Organisation	SKE Avgorou
Country	Cyprus
Geographical scale	Local
Target group	Young people age 18-30
Volunteering field	Social services, non-formal education
Implementation period	1st of August 2020 - 31st of January 2022 18 months
Practice Description	
Problem addressed	The need to empower and support the vulnerable by responding to societal challenges and needs.
Mission and objectives	<ol style="list-style-type: none"> 1. Raise awareness and promote the cultural growth of all those involved in the community facing the current problems of reality, 2. Provide key competences for the volunteers, the one needed in the labor market (soft skills) 3. Enriching and donate new and different tools to the local community by creating the conditions for an useful exchange, 4. Responding to the specific needs to all actors in the process creating the potential opportunity to improve their future. 5. Build partnerships with the sending organizations in order to facilitate the future co-project activities.
Participation/attendance	Twelve volunteers
Activities that took place	<ul style="list-style-type: none"> • Volunteers engaged in non-formal learning activities in the Organization schools and elderly hosting places in the Avgorou community • Aiding teachers in child care centres, they had freedom to organise and implement different learning and creative activities • At the Elderly Club in Avgorou, the volunteers helped prepare breakfast, serve and clean the common area. They participated during the summer season in the gymnastics in the sea where they accompanied the elderly for gymnastics. They provided foreign language courses to the elderly in their mother tongue when possible. They took painting lessons, and participated in handicraft activities, helping the elderly in their creations
Funding sources (if applicable)	ESC long-term volunteering opportunity
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Helped part of the vulnerable population, children and the elders • Managed to bridge the generational gap • Planned and implemented different creative and cultural activities • Volunteers personal development of critical thinking, problem solving and organisational skills
How the target group benefited from this action	<ul style="list-style-type: none"> • Improve their skills and knowledge on how to participate fully in society as equal citizens by developing an understanding of their rights and responsibilities.



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	<ul style="list-style-type: none"> • Gained confidence and ability to challenge social conventions and break the barriers of their comfort zone by using the tools and the ability to affect their community and their own personal circumstances. • For participating they received: YouthPass Certificate and ESC Certificate
Elements that make this practice transferable to other fields/countries	Exchange programme and supported by ESC
Other	
Links	LONG-TERM VOLUNTEERING (ESC) AVGOROU, CYPRUS AVGOROU (synergy-croatia.com) ΣΚΕ ΑΥΓΟΡΟΥ: Ολοκληρώθηκε το πρόγραμμα εθελοντισμού "Me Solidarity" - Δείτε τα αποτελέσματα (ΕΙΚΟΝΕΣ) - Famagusta News
Photos	  



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10.Practice Identification	
Title	Youth Force
Organisation	PlanBe 
Country	Cyprus
Geographical scale	Local
Target group	Youth
Volunteering field	Educational
Implementation period	1st of November 2018 - 30th of April 2019
Practice Description	
Problem addressed	Fight unemployment
Mission and objectives	<ul style="list-style-type: none"> • Give the opportunity to young people to work on employability skills and to enrich their CV • Promote volunteering as a new way of living, a new way of thinking, train on volunteering, creation and management of volunteering event/project • Increase the knowledge on volunteering projects, management and implementation • Fighting unemployment requires also self-confidence and creativity two competencies we also aim to address • Increase the creativity and contribute to the personal and professional development of participants
Participation/attendance	3 young volunteers
Activities that took place	<ul style="list-style-type: none"> • Seminars on how to create a unique and professional CV • Team building events on enhancing the participants self-confidence • Events on enhancing personal and professional creativity • Events organised to promote volunteering and being able to incorporate it in your daily life
Funding sources (if applicable)	Erasmus +, European Volunteering Services (EVS)
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Give the opportunity to young people to work on employability skills and to enrich their CV • Promote volunteering as a new way of living, a new way of thinking, train on volunteering, creation and management of volunteering event/project • Increase the knowledge on volunteering projects, management and implementation • Fighting unemployment requires also self-confidence and creativity two competencies we also aim to address • Inspire more participants to participate in an EVS • Increase the creativity and contribute to the personal and



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	<p>professional development of participants</p> <ul style="list-style-type: none"> • Provide theoretical and practical knowledge of “Volunteering” • Communication in foreign languages • Increase understanding of intergeneration
How the target group benefited from this action	<ul style="list-style-type: none"> • Enhanced their critical thinking, problem solving and organisational skills • Learned how to create a CV that will increase their chances of employability • Gained confidence in order to advocate for human rights and the importance of volunteering • Increased their creativity, enhancing their personal and professional development • Gained knowledge on how to incorporate volunteering in their lives, as well as knowledge on how to organise, manage and implement volunteering projects/events • Increased their understanding on integration
Elements that make this practice transferable to other fields/countries	Erasmus +, exchange program
Other	
Links	Youth Force – Implemented – PlanBe, Plan it Be it (planbe-ngo.com)
Photos	



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1 st Practice Identification	
Title	National Planning of the European Year of Youth
Organisation	Ministry of Education  ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ Υπουργείο Παιδείας και Θρησκευμάτων
Country	Greece
Geographical scale	National and European
Target group	All young people (15-29 years old) but especially those with fewer opportunities: <ul style="list-style-type: none"> • From disadvantaged backgrounds • Belonging to vulnerable groups and/or • From remote areas
Volunteering field	Education
Implementation period	January – December 2022
Practice Description	
Problem addressed	<ul style="list-style-type: none"> • The COVID-19 pandemic has had an unprecedented impact on education, employment and mental health of young people • Young people showed intergenerational solidarity and sacrificed precious "youthful moments" of their everyday life
Mission and objectives	<ol style="list-style-type: none"> 1. Renewing positive perspectives for young people, while highlighting how the green and digital transitions, as well as other Union policies, offer opportunities for young people. 2. Empowering and supporting young people, including through youth work, especially those with fewer opportunities, to acquire meaningful knowledge and skills and thus become active and engaged citizens and agents of change. 3. Supporting young people to better understand the different opportunities available to them, whether they come from the EU or from national, regional or local level, and actively promoting these opportunities. 4. Integrate youth policy into all relevant Union policy areas in line with the European Union Youth Strategy 2019-2027, in order to encourage the integration of a youth perspective in policy-making at all levels.
Participation/attendance	n/a
Activities that took place	<ul style="list-style-type: none"> • Publication of the Decision on the Establishment and Composition of the Planning, Implementation and Committee for the European Year of Youth 2022 • Opening meeting of the #EY2022 Committee as the





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	<p>official launch event of the Year in Greece</p> <ul style="list-style-type: none"> • Establishment of an inter-ministerial working group to record youth policies • Digital e-tools: presentation of the website - social media for the Year • Open call to youth organisations to submit co-funded actions under the 4 objectives of the European Commission • Launch of Youth Work actions for the institutional recognition and certification of the profession in the country
Key actors involved	General Secretariat for Higher Education General Secretariat for Primary, Secondary and Special Education etc.
Funding sources (if applicable)	European Commission and Greek government
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> • Youth Work: the mapping, institutional recognition and certification of the profession of youth worker in Greece • Survey results: <ul style="list-style-type: none"> (a) drafting of a policy paper aiming at amendments to (b) the legislation (c) delivery of research results and their potential use by other European countries (c) possible publication of the results in a printed version • Inventory of good practices of municipalities implementing European policies for young citizens by the E.E.T.A.A. • Visualised artistic creations by students that will serve as visual references of the values and principles of the Year • National Youth Capital
How the target group benefited from this action	
Elements that make this practice transferable to other fields/countries	This practice will be implemented to other countries also and its results can be beneficial for young people all around Europe
Other	
Links	Under development http://www.gsae.edu.gr/el/evropaiko-etos-neolaias-eyy2022/1735-etos-neolaias-eyy2022



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2 nd Practice Identification	
Title	Reach to Recovery International (Greek version)
Organisation	Alma zois 
Country	Greece
Geographical scale	National
Target group	Women with breast cancer
Volunteering field	education
Implementation period	20 meetings 2 hours each
Practice Description	
Problem addressed	The need of women with breast cancer for emotional support
Mission and objectives	<ul style="list-style-type: none"> • The emotional support • Practical help for women suffering from breast cancer
Participation/attendance	Women who had breast cancer in the past
Activities that took place	Consistently, once a week, trained volunteers of the Association, i.e. women with breast cancer experience, provide emotional support to other women with the same experience, in the Breast Clinics of hospitals
Key actors involved	Hospitals, companies
Funding sources (if applicable)	Donor companies and donations from individuals
Results and Transferability	
Results achieved	The volunteer provides printed information material of the Association with useful information about chemotherapy, hand exercises, etc., as well as a special breastplate to be used in the first days after the operation.
How the target group benefited from this action	The programme gives the opportunity for the patient who has just had surgery or who is currently undergoing treatment, if they wish, to talk to the volunteer who will be there and who has had a similar experience some years ago.
Elements that make this practice transferable to other fields/countries	Reach to Recovery International (RRI) serves as an umbrella organisation for other organisations that work in their own countries or communities to improve the quality of life of individuals affected by breast cancer, including families, through peer support, advocacy, and peer navigation. RRI is committed to assisting its members through a broad range of services offered worldwide.
Other	
Links	https://almazoisthes.gr/%CF%80%CF%81%CE%BF%CE%B3%CE%B1%CE%BC%CE%BC%CE%B1%CF%84%CE%B1-%CF%85%CF%80%CE%B7%CF%81%CE%B5%CF%83%CE%B5%CF%82/%CF%80%CF%81%CF%8C%CE%B3%CF%81%CE%BC%CE%BC%CE%B1-%CE%BF%CF%81%CE%B3%CE%B1%CE%BD%CF%89%CE%AD%CE%BD%CE%B7%CF%82-





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<https://www.facebook.com/almazoisthessalonikis/>

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3 rd Practice Identification	
Title	Yousmile
Organisation	To hamogelo toy paidiou 
Country	Greece
Geographical scale	National
Target group	Children, young people
Volunteering field	Children and young people rights
Implementation period	Since 2012
Practice Description	
Problem addressed	
Mission and objectives	To provide an opportunity for adolescents and young people to participate in voluntary actions, in events to mobilise and raise awareness on issues related to Children's Rights. At the same time they are ambassadors of the Organization in the effort to promote and inform about the "National SOS 1056 Hotline for Children"
Participation/attendance	Young people, adolescents, children
Activities that took place	<ul style="list-style-type: none"> • Voluntary actions • Through the offer of technological equipment from companies, an integrated studio for the broadcasting of television signals has been created. • Training seminars to strengthen the role of volunteers
Key actors involved	n/a
Funding sources (if applicable)	Donors
Results and Transferability	
Results achieved	The studio supports the activities of the YouSmile student volunteers, who defend the rights of all children. Through web TV & Radio broadcasts and TV spots, the child volunteers highlight issues that concern them and inform other children and adults about children's rights. The studio gives young people a platform to be heard, to say what they believe and to act in their own unique way and to support the actions of the Organization.
How the target group benefited from this action	Trained volunteers provide beneficiaries with support. Children and young people in danger are protected and volunteers are trying to give them opportunities for a better life.
Elements that make this practice transferable to other fields/countries	Similar efforts can be implemented everywhere
Other	
Links	www.yousmile.gr



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4 th Practice Identification	
Title	Caritas Buddy Program
Organisation	Caritas 
Country	Greece
Geographical scale	National
Target group	Refugees
Volunteering field	Social inclusion
Implementation period	2018
Practice Description	
Problem addressed	Need for social inclusion, cohesion and solidarity
Mission and objectives	The program supports and promotes refugee inclusion in Greek society via bonding with native population and local societies.
Participation/attendance	A single or family of refugees has the opportunity to “buddy” up with a local family or individual. In said manner “buddies” have the chance to learn and support each other. Likewise, they can also take part in common recreational activities on the basis of culture and idea exchange as well as mutual respect.
Activities that took place	The Caritas team shall organize events in various locations and including an assortment of activities, creating time and place for “buddy” interaction. Musical, gaming, cuisine, conversation and other creative activities are just a fragment of what will be put together via “Buddy Program” events.
Key actors involved	n/a
Funding sources (if applicable)	The entire process is founded, managed and monitored by the Organization’s Coordinating Team involving highly experienced workers of the fields of social and humanitarian sciences.
Results and Transferability	
Results achieved	<ul style="list-style-type: none"> – Formation of strong and diverse friendships. – Development of interpersonal and intercultural social skills.
How the target group benefited from this action	In said manner “buddies” have the chance to learn and support each other. Likewise, they can also take part in common recreational activities on the basis of culture and idea exchange as well as mutual respect.
Elements that make this practice transferable to other fields/countries	Buddy system is very popular in organizations and companies so this practice here can be an inspiration for other volunteering organizations to adopt it.
Other	
Links	https://caritas.gr/old-programs-gr/programma-filias-buddy-programma-kalesma-gia-ethelontes/



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5 th Practice Identification	
Title	Global volunteer
Organisation	AIESEC 
Country	Greece
Geographical scale	International
Target group	Young people
Volunteering field	Personal & professional development
Implementation period	Not specified
Practice Description	
Problem addressed	Our Global Volunteer projects around the world exist because we choose to shape what we do around what the world needs. We have committed to creating a youth movement to achieve the 17 Sustainable Development Goals by the year 2030.
Mission and objectives	“ Be the change you want to see in the world - and to do that, you need to take action! Volunteering abroad gives you the opportunity to have an unforgettable experience, following your passion and contributing to the UN Sustainable Development Goals.”
Participation/attendance	Young people 18-30, students
Activities that took place	Young people who are interested, create an account on the platform , they find the project that they are most interested in, they go through the selection process and once they are selected they go to the selected country for 6-8 weeks.
Key actors involved	NGOs, schools, summer camps
Funding sources (if applicable)	Global and regional companies
Results and Transferability	
Results achieved	A significant number of volunteers that participated, number of partner organizations and countries which is escalating
How the target group benefited from this action	Experience new cultures Make an Impact Challenge themselves Develop leadership qualities Empowering others Self-awareness Solution oriented World citizen
Elements that make this practice transferable to other fields/countries	This practice is already international. However, the concept of visiting other countries and cultures can be implemented in other organizations too as it is a well-rounded experience for young people.
Other	
Links	https://aiesec.gr/volunteer/



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6 th Practice Identification	
Title	-
Organisation	Ethelon 
Country	Greece
Geographical scale	Local, regional, national
Target group	NGOs, Companies, People who want to be volunteers
Volunteering field	Promotion of the concept of volunteering in Greek society
Implementation period	Ethelon is the result of the merger of two non-profit organizations ,Glovo and Volunteer4Greece, founded in 2012 and operating in parallel for four years. In May 2016, the two organisations merged and created a new organisation that aspires to become the reference point for volunteering in Greece.
Practice Description	
Problem addressed	Need to increase volunteering activities in Greece
Mission and objectives	We seek to be the reference point for volunteering in Greece. We enable everyone to have access to volunteer activities. We create the framework for cooperation between volunteers, organisations and companies in order to create a positive social impact.
Participation/attendance	<ul style="list-style-type: none"> • Through the ethelon platform you can search for volunteer positions in more than 250 non-profit organisations and find the one that suits you best, depending on your time, skills and location. • If you are a non-profit organisation looking for volunteers, through the ethelon platform you can reach out to thousands of volunteers looking for the right job, your job. • At ethelon we undertake the design and implementation of a long-term corporate volunteering plan that meets the needs and goals of the company and responds to the interests of the employees.
Activities that took place	Through a set of actions, events and initiatives, we identify, mobilize and connect individuals, autonomous groups, institutions and companies with non-profit organizations, aiming to develop synergies between them based on volunteering.
Key actors involved	Organizations, companies, institutions
Funding sources (if applicable)	Ethelon is a non-profit organisation whose income comes from four pillars: A. Volunteer Program Management B. Corporate Volunteering Activities C. Partnerships with Institutions D. Sponsorship Partnerships
Results and Transferability	



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<p>Results achieved</p>	<p>We are a team of more than 8,750 volunteers</p> <ul style="list-style-type: none"> ✓ More than 3,500 young people have "lived" their first volunteering experience ✓ We have coordinated, organised and trained 5,500 volunteers to participate in 214 events ✓ 100 social actions have been implemented ✓ 213 NGOs working with us ✓ 1,100 interviews were conducted during CareerFair.4all , the first Career Day for People with Disabilities in Greece, with the participation of at least 20 companies ✓ More than 100 speeches and personal development seminars for volunteers were organized ✓ More than 3,300 volunteer positions have been posted in NGOs. ✓ 98.109 volunteers have sent their application for volunteering to a partner NGO ✓ 10 Training Seminars have been held for NGO staff. ✓ 14 partnerships have taken place within the framework of corporate volunteering programmes, through which 2,500 volunteer hours have been offered ✓ 25 actions were implemented with the participation of 31 partner NGOs and 403 employees in the framework of corporate volunteering programmes
<p>How the target group benefited from this action</p>	<p>Connecting, training and mobilising volunteers and organisations to carry out social actions, strengthening the culture of volunteering and highlighting the many and varied ways in which they can contribute their time, energy and skills.</p>
<p>Elements that make this practice transferable to other fields/countries</p>	<p>The creation of a platform which can be the reference point for connecting candidate volunteers, civil society organisations and the corporate world.</p>
<p>Other</p>	
<p>Links</p>	<p>http://www.ethelon.org/ https://www.youtube.com/channel/UCP8-qPPh6XaqsmZsJC_YnI</p>
<p>Photos</p>	



7 th Practice Identification	
Title	WOMENTORS
Organisation	Implemented under the Active citizens fund program by the Lambrakis Foundation and the organization “Mission Anthropos”  
Country	Greece
Geographical scale	National
Target group	Young women
Volunteering field	Women empowerment
Implementation period	WOMENTORS was designed to offer a series of 4 large thematic seminars lasting 8 hours each. To the young women who will attend the seminars in the academic year 2021-22, these seminars will be offered in a 4-day course in person, if the health conditions related to the pandemic allow it. Due to the pandemic, adjustments were made to the implementation of the empowerment seminars in the academic year 2020-21. The seminars took place in remote mode and for this purpose they were divided into 10 online seminars lasting 3 hours each.
Practice Description	
Problem addressed	The gender equality index for 2020 ranks Greece in the last position of the EU-28. Our country shows one of the biggest differences in the employment rates between women and men. In 2018, 23.7% of women in the active population were unemployed compared to 14.7% of men.
Mission and objectives	The aim of the project is the empowerment of young women and the creation of a network of women who will practice lifelong and autonomous advocacy for women’s rights.
Participation/attendance	177 young women are being trained as Leaders and will take the lead in October 2020, organizing within 2 years a series of empowerment seminars for 50 young women each. Thus, a nationwide network of 9,000 women aged 18-35 is created, who participate in holistic empowerment actions which in the year 2020-21 will be carried out online, while in 2021-22 will take place in person in 15 cities of Greece. 23 women with empowerment knowledge take on a coordinating and advisory role at the local level.
Activities that took place	The design of the project is based on the development of a sustainable model of multiplier empowerment and advocacy based on networking. The model is a network for disseminating knowledge and developing leadership and advocacy skills on equality issues. It has the form of concentric circles, where the Scientific Team is in the center, the 23 Coordinators are in the following circle, the 177 Leaders are in the next one and in the outer circle there





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	are the young women participating in the empowerment actions. The knowledge and actions of the first circle diffuse as the circles grow. Young people from the external circle can, after training and successful practice, move to the Leaders' circle.
Key actors involved	Lambrakis Foundation, Mission ANTHROPOS, the Scientific Committee (team specialized in education and empowerment, psychology, medicine, human resource management, business administration and with extensive professional experience and community participation activity.), under the auspices of H.E. the President of the Hellenic Republic, Gold award in the Education Leaders Awards, Bravo Sustainability Awards of Quality Net Foundation
Funding sources (if applicable)	The Fund Operator for the Active citizens fund in Greece is Bodossaki Foundation in consortium with SolidarityNow.
Results and Transferability	
Results achieved	<p>177 young female university students will be trained as Leaders and will take action for gender equality, organizing holistic empowerment seminars for 50 young women each. This will create a network of 9,000 women aged 18-35 who will participate in empowerment actions in 15 cities around Greece. These women will distribute videos promoting positive female role models to a total of 35,000 young women.</p> <p>4,000 girls and an equal number of boys aged 12-18 will be informed about human rights, focusing on what is being violated in the case of women and the data on discrimination against women in Greece.</p> <p>23 women with empowerment knowledge will take on a coordinating, advisory and supervisory role at the local level.</p>
How the target group benefited from this action	<p>You will activate forces, develop skills and gain access to knowledge, information, networks and services so that you can have better control of your life, make important decisions that concern you and make strategic choices.</p> <p>Upon completion of your participation in all the seminars you are expected to be able to:</p> <ul style="list-style-type: none"> • know your rights and facts about discrimination against women • defend your rights and make use of existing support mechanisms and legislation • enter the labor market on an equal footing with men • claim your professional rights fruitfully and effectively • make full use of your skills and potential for personal and professional development • claim equal pay for equal work • negotiate roles at home on equal terms • demonstrate zero tolerance for violence • take care of your mental and physical health • raise your children free from gender stereotypes • counsel and support other women who experience



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	<p>inequalities and / or violations of their rights due discrimination and stereotypes.</p> <p>In addition, it will enhance your self-esteem and self-confidence ,your self-efficacy and your ability to communicate effectively with others while developing a range of soft skills that will be useful in many areas of your life.</p>
<p>Elements that make this practice transferable to other fields/countries</p>	<p>The model that it is used in this practice can be transferred to any organization around the world who want to implement something similar (empowerment and support).</p>
<p>Other</p>	
<p>Links</p>	<p>https://www.womentors.gr/en/home/</p>
<p>Photos</p>	 <p>The image shows a promotional graphic for 'Womentors' with a circular portrait of a woman and text: 'Womentors Empowering Young Women 2020-2022 Under the auspices of HE, the President of the Hellenic Republic Katerina Sakellaropoulou'. Below this is a large grid of many small video call thumbnails.</p>



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8 th Practice Identification	
Title	Solidarity travels
Organisation	Actionaid  Αλλάζουμε ζωές, αλλάζουμε τον κόσμο
Country	Greece
Geographical scale	International
Target group	Individuals who sponsor the organisation
Volunteering field	Solidarity and empowerment
Implementation period	2-3 times per year
Practice Description	
Problem addressed	Enhancement of volunteerism and engagement of sponsors. The Sponsor Solidarity Travels started from the same question that the Sponsors were asking us: "How else can I help?".
Mission and objectives	In each travel there is a practical objective (participation in the building/construction/implementation of a project) and an even more essential one: solidarity and empowerment of all parties!
Participation/attendance	Groups of volunteers
Activities that took place	We organise Solidarity Travels 2-3 times a year, lasting one week in the most remote communities of our world. Although as a group of volunteers we stay in a nearby hotel so that we can have some basic facilities, we spend all day in the community with the residents. In the mornings we split up and each group takes on a part of the project (e.g. building, creating cement, painting, etc.). In the afternoons we cook and eat together with the residents, and in the afternoons we visit ActionAid projects in the area.
Key actors involved	n/a
Funding sources (if applicable)	Participants undertake to cover all travel expenses
Results and Transferability	
Results achieved	The most important part of these trips is our practical solidarity. By our presence we are telling the people of the community that we are there, that they are not living forgotten in the remote and troubled area where they happened to be born. Returning from their travels, our volunteers take action! They communicate what they experienced by talking about ActionAid to the general public and the media, organise events and spread ActionAid's messages. But most don't stop there. They want to do something more. So a well in Kenya, a project for women in Rwanda and a grinder in Sierra Leone have already been funded by travel participants.
How the target group benefited from this action	These travels are a milestone for all participants, as apart from the practical value of the project, such strong bonds are created



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	between the Sponsors and the groups of people they are visiting that will never be forgotten!
Elements that make this practice transferable to other fields/countries	Participants have the opportunity to see how the money they donate to a programme/organisation is used and to meet people whose lives have been changed. This can be a motivation for people to be donate and/or become volunteers.
Other	
Links	https://www.actionaid.gr/ela-mazi-mas/taxidia-allileggyis
Photos	



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9 th Practice Identification	
Title	Training for volunteers
Organisation	Sxedia stin poli <small>καλλιτεχνική παιδαγωγική ομάδα</small> 
Country	Greece
Geographical scale	Regional
Target group	Young people
Volunteering field	Preparation of young volunteers
Implementation period	The dates of the volunteer training seminars are announced on our website and on our Facebook page.
Practice Description	
Problem addressed	The need for young people to be trained and prepared with the view to become to become volunteers.
Mission and objectives	"Sxedia stin poli" places particular emphasis on preparing new volunteers and developing a warm, positive atmosphere within the group.
Participation/attendance	What is needed for the volunteer seminar? - You must already be informed about the activities of our team in the reception - information of new volunteers and you must have decided that you want to participate as a member of the team in the volunteer activities. - To register and be punctual in the time of attendance! - Wear comfortable clothes and most importantly have a good mood!
Activities that took place	Experiential seminars for the volunteers where through play and interaction issues are approached, such as: <ul style="list-style-type: none"> • The role of volunteering in modern societies • Empowerment and team dynamics (communication and cooperation, responsibility and participation, creative management of difficulties) • Socially vulnerable groups • Diversity - multiculturalism, stereotypes & prejudices • Organisation - management of voluntary projects • Artistic expression and creativity
Key actors involved	NGOs
Funding sources (if applicable)	The team does not rely on any government or other stable funding. The income comes through the mobilization and support of the members and friends and is periodic in nature. Specifically, they come from: members' and friends' subscriptions, educational workshops, seminars, selected events, sponsorships, donations and periodic grants from national and Community funds of institutions such as the Youth and Lifelong Learning Foundation, the European



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	programmes "Youth in Action" and ERASMUS+.
Results and Transferability	
Results achieved	Over 500 volunteers have actively participated in the group's activities to date.
How the target group benefited from this action	In an experiential way we approach issues of volunteering, communication and cooperation, responsibility, active participation, social solidarity, etc.
Elements that make this practice transferable to other fields/countries	In general using art and means of expression is very beneficial for young people and this practice can be part of training for volunteers.
Other	
Links	https://www.sxediastinpoli.gr/draseis/ekpaideusi-ethelontwn
Photos	



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10 th Practice Identification	
Title	WorkCamps
Organisation	Elix 
Country	Greece
Geographical scale	International
Target group	The programmes are aimed at people of all ages. More specifically, there are Voluntary Work Programmes for teenagers (TEEN), for ages 18 and over, but also programmes for seniors only (SENIOR) and for families (FAMILY).
Volunteering field	Environment, culture, social contribution
Implementation period	Since 1987 At the beginning of every March, ELIX and all the other organisations of the international network "Alliance of European Voluntary Service Organizations" attend the annual preparatory meeting for the announcement of the Summer Voluntary Service Programmes, exchanging information and making agreements in order to prepare hundreds of new and exciting projects.
Practice Description	
Problem addressed	
Mission and objectives	
Participation/attendance	
Activities that took place	Under The Guidance Of Experts, Volunteers Participate In Activities Such As: <ul style="list-style-type: none"> • protection of the natural environment, work in protected areas, marking, marking and signposting of paths, timber construction, tree planting, vegetation clearing • preservation of cultural heritage, work on traditional buildings, restoration of masonry, cobblestones and dry stone walls, curation and maintenance of archives and exhibits, work in cultural centres • community service, creative activities for children, work in schools and playgrounds, support for people with disabilities, assistance with the integration of immigrants and refugees. • promotion of culture, participation in festivals, local celebrations, cultural events, research groups.
Key actors involved	ELIX's vision becomes reality thanks to the cooperation and support of citizens, associations, companies, foundations, local authorities, government agencies and international organizations
Funding sources (if applicable)	For participation in a programme abroad, a fee of 100€ should be paid together with the application, which covers part of the



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	operational and administrative costs of the sending organisation.
Results and Transferability	
Results achieved	A great number of volunteers that participated since 1987 all around the world.
How the target group benefited from this action	By volunteering, you are not just helping to make the world a better place. It brings them into contact with local communities in different countries, introduces them to new places and ways of life, and teaches them techniques for protecting the environment and preserving traditional buildings in a multicultural context that respects diversity and human rights. For a municipality or an organisation, the implementation of a volunteering programme, apart from the direct, tangible and measurable benefits it brings to local communities as a result of the work of volunteers, gives residents the opportunity to come into contact with young people from other countries, to share with them their customs and habits and to become familiar with the institution of volunteering.
Elements that make this practice transferable to other fields/countries	This practice is used already in several countries. In general Work camps can be a good practice for organisations.
Other	
Links	https://www.elix.org.gr/be-volunteer-gr/workcamps-gr
Photos	



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R1: Volunteering Benchmark

Activity: Youth Volunteering Good Examples

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